

SEPTEMBER

General Food

	21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
DRINKS	CAFE CON LECHE COFFEE WITH MILK	AGUA DE PANELA PANELA DRINK	FRESA, BANANO, MELON, BEBIDA LACTEA Y GALLETAS STRAWBERRIES, BANANAS, MELON, MILK DRINK, AND COOKIES	YOGURT YOGURT	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
SNACK	QUESO Y PAN CHEESE AND BREAD	AREPA CON QUESO CHEESE AREPA		MUFINS MUFFIN	
FRUIT	MANDARINA TANGERINE				
SOUP	CREMA CHAMPIÑON MUSHROOM CREAM SOUP	FRIJOL CON CARNE MOLIDA BEANS WITH GROUND BEEF	CUCHUCO CUCHUCO	SOPA DE PASTA PASTA SOUP	
PROTEIN	POLLO HAWAIANO HAWAIIAN-STYLE CHICKEN		PASTA VESUBIO VESUVIUS-STYLE PASTA	POLLO CHICKEN	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
CEREAL	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	
TUBERS	CRIOLLAS CREOLE POTATO	PLATANO MADURO PLANTAIN	PAN TOSTADO TOASTED BREAD	INCLUDED IN THE SOUP	
SALAD	ENSALADA FRIA COLD SALAD	ENS CON AGUACATE SALAD WITH AVOCADO	GELATINA GELATIN	BANANO BANANA	
FRUIT JUICE					

ESTA MINUTA PUEDE CONTENER ALÉRGENOS

	21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
DRINKS	CAFE CON LECHE COFFEE WITH MILK	AGUA DE PANELA PANELA DRINK	FRESA, BANANO, MELON, BEBIDA LACTEA Y GALLETAS STRAWBERRIES, BANANAS, MELON, MILK DRINK, AND COOKIES	JUGO DE MORA BLACKBERRY JUICE	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
SNACK	QUESO Y PAN CHEESE AND BREAD	AREPA CON QUESO CHEESE AREPA		POUND CAKE POUND CAKE	
FRUIT	MANDARINA TANGERINE				
SOUP	CREMA CHAMPIÑÓN MUSHROOM CREAM SOUP	CAZUELA DE FRIJOL Y HUEVO BEAN CASSEROLE WITH FRIED EGGS	CUCHUCO CUCHUCO	SOPA DE PASTA PASTA SOUP	
PROTEIN	KIBBE(CARVE, HUEVO, QUESO) KIBBE(CARVE,EGGS,CHEESE)		ARROZ CREMOSO CON CHAMPIÑONES CREAMY RICE WITH GREEN ONION (CREAM, MUSHROOM, RICE)	ALBONDIGAS DE CARVE CREOLE SAUCE	
CEREAL	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
TUBERS	CRIOLLAS CREOLE POTATO	PLATANO MADURO PLANTAIN	PAN TOSTADO TOASTED BREAD	SOPA DE PASTA PASTA SOUP	
SALAD	ENSALADA FRIA COLD SALAD	ENS CON AGUACATE SALAD WITH AVOCADO	GELATINA GELATIN	BANANO BANANA	
FRUIT JUICE					

	21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
FRUIT	YOGURT DIETETICO DIETYOGURT		YOGURT DIETETICO DIETYOGURT	INFUSION CUCUMBER, APPLE AND ORANGE INFUSION	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
SNACK	PAPAYA PAPAYA	CREPES CREPS (STRAWBERRY, MANGO, CHEESE)	GALLETA AVENA OAT COOKIES	SANDWICH AGUACATE Y QUESO AVOCADO AND GRILLED CHEESE SANDWICH	
PROTEIN	BOLITA DE QUESO Y ATUN CHEESE BALL WITH TUNA	WRPAS DE POLLO CHICKEN WRAPS	ARROZ LIBANES LEBANESE-STYLE RICE (CREAM, MUSHROOM, SHREDDED CHICKEN, RICE, ALMOND)	CREMA ITALIANA FITALIAN CREAM SOUP WITH CHEESE AND CHICKEN	JORNADA PEDAGOGICA EDUCATIONAL WORKSHOP
CEREAL	ARROZ CON FIDEOS RICE WITH NOODLES	ARROZ BLANCO WHITE RICE		TOSTADA DE PAN TOASTED BREAD	
VEGETABLES	VEGETALES MIXTOS MIX VEGETABLES	TAJADA AGUACATE AVOCADO	TOMATE ASADO ROASTED TOMATO	TAJADA AGUACATE AVOCADO	
WATER OF LIFE					