

SEPTEMBER

General Food

	14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
DRINKS	JUGO DE FRUTOS AMARILLOS YELLOW FRUIT JUICE	AGUA DE PANELA PANELA DRINK	FLORINETA FLORINETA (MELON, MELON, PAPAYA, MANGO, CHEESE)	JUGO DE MORA BLACKBERRY JUICE	TE TE
SNACK	EMPANADA VALLUNA VALLUNO-STYLE EMPANADA	AREPA CON HUEVO PERICO AREPA WITH SCRAMBLED EGGS AND TOMATO		PASTEL DE CARNE MEAT PATEL	PERRO CALIENTE HOT DOG
FRUIT					
SOUP	CREMA VERDURAS VEGETABLE CREAM	SOPA DE AVENA OATMEAL SOUP	CUCHUCO CUCHUCO	SOPA VERDURAS VEGETABLE SOUP	PECHUGA RELLENA EN SALSA DE QUESO+ PAPA FRANCESA+ ARROZ AJONJOLI+ ENSALADA FESTIVAL (LECHUGA Y FRUTAS) STUFFED CHICKEN BREAST IN CHEESE SAUCE + FRENCH FRIES + SESAME RICE + FESTIVAL SALAD (LETTUCE AND FRUIT)
PROTEIN	CERDO EN JULIANAS SS NAPOLITANA PORK IN JULIANAS WITH NAPOLITAN SAUCE	ARROZ CON POLLO CHICKEN AND RICE	CARNE ESTRAGON MEATWITH TARRAGON	PASTA BOLOGNESA BOLOGNESE PASTA	
CEREAL	ARROZ ESPINACA SPINACH RICE		ARROZ BLANCO WHITE RICE	PAN TOSTADO TOASTED BREAD	
TUBERS	CRIOLLAS CREOLE POTATO	PAPA CHIPS CHIPS	PLATANO PLANTAIN	CUCHAREABLE CUCHAREABLE	
SALAD	ENSALADA CON UCHUVAS SALAD WITH UCHUVAS	CASCOS DE TOMATE TOMATO WEDGES	ENSALADA FRIA COLD SALAD		

FRUIT JUICE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS



14

Monday

15

Tuesday

16

Wednesday

17

Thursday

18

Friday

DRINKS

JUGO DE FRUTOS AMARILLOS
YELLOW FRUIT JUICE

AGUA DE PANELA
PANELA DRINK

FLORINETA
FLORINETA
(MELON, MELON,
PAPAYA, MANGO,
CHEESE)

YOGURT
YOGURT

TE
TE

SNACK

WRAPS QUESO Y VEGETALES
CHEESE AND
VEGETABLE WRAPS

AREPA CON HUEVO PERICO
AREPA WITH SCRAMBLED
EGGS AND TOMATO

MUFIN
MUFFINS

PERRO CALIENTE
HOT DOG

FRUIT

SOUP

CREMA VERDURAS
VEGETABLE CREAM

SOPA DE AVENA
OATMEAL SOUP

CUCHUCO
CUCHUCO

SOPA VERDURAS
VEGETABLE SOUP

PROTEIN

FALAFEL
FALAFEL

LASAGNA DE CARVE Y
VEGETALES
VEGETABLE AND
CARVE LASAGNA

HAMBURGUESA BROCOLI Y QUESO
BROCCOLI BURGER WITH CHEESE

AREPA CON QUESO,
CHAMPIÑONE Y CARVE
AREPA WITH
CHEESE AND
ONIONED BEEF

PECHUGA RELLENA EN
SALSA DE QUESO+ PAPA
FRANCESA+ ARROZ
AJONJOLI+ ENSALADA
FESTIVAL (LECHUGA Y
FRUTAS)
STUFFED CHICKEN
BREAST IN CHEESE
SAUCE + FRENCH
FRIES + SESAME RICE
+ FESTIVAL SALAD
(LETTUCE AND
FRUIT)

CEREAL

ARROZ ESPINACA
SPINACH RICE

TUBERS

CRIOLLAS
CREOLE POTATO

PAPA CHIPS
CHIPS

PATACON
PATACON

PAPA RUSTICA
POTATO WEDGES

SALAD

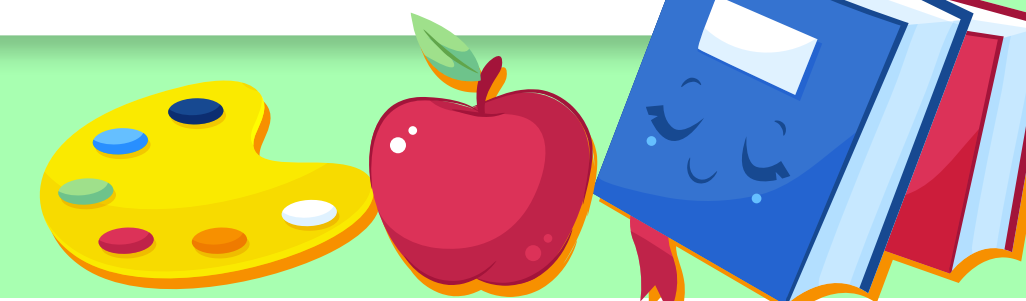
ENSALADA CON UCHUVAS
SALAD WITH UCHUVAS

CASCOS DE TOMATE
TOMATO WEDGES

ENSALADA FRIA
COLD SALAD

CUCHAREABLE
CUCHAREABLE

FRUIT JUICE



	14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
 FRUIT	CALDO PAPA Y HUEVO EGG, POTATO AND CORIANDER BROTH	1/2 SANDWICH ATUN Y VEGETALES HALF TUNA AND VEGETABLE SANDWICH	MIX FRUTAS CON QUESO FRUIT BASKET (PAPAYA, MELON, STRAWBERRY WITH GRATED CHEESE)	QUESO CAMPESINO FARMHOUSE CHEESE	SANDWICH DE POLLO CON INFUSION FRUTOS ROJOS CHICKEN SANDWICH WITH RED BERRY INFUSION
SNACK	MANDARINA TANGERINE	INFUSION MENTA Y LIMON MINT AND LEMON INFUSION		MELON MELON	
PROTEIN	POLLO AL HORNO BAKED CHICKEN	ROLLO GRIEGO GRILLED TILAPIA WITH COCONUT	RAMEN RAMEN (NOODLES, BOILED EGG, DICED CHICKEN, SPINACH, MUSHROOM, SOY SAUCE)	CARNE ASADA BEEF	DEDITOS DE PESCADO FISH FINGERS
CEREAL	ARROZ BLANCO WHITE RICE	PURE DE PAPA MASHED POTATO		ARROZ BLANCO WHITE RICE	ARROZ CON COCO RICE WITH COCONUT
VEGETABLES	AVOCADO TAJADA AGUACATE	CALABACIN SALTEADO SAUTÉED ZUCCHINI	FRUIT FRUIT	HABICHUELA GUISADA STEWED GREEN BEANS	TORTILLA DE VERDURAS VEGETABLE OMELETTE

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS