

AUGUST

General Food

	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
					
DRINKS	YOGURT YOGURT	JUGO DE MORA BLACKBERRY JUICE	AGUA DE PANELA PANELA DRINK	ARROZ CON LECHE HOT RICE PUDDING	WAFLE CON DULCE, QUESO Y BANANO WAFFLES + BLACKBERRY JAM, GRATED CHEESE ANDA BANANA
SNACK	MANTECADA POUND CAKE	EMPANADA VALLUNA VALLUNO-STYLE EMPANADA	HUEVO CON TORTILLA EGG WITH TORTILLA	BARQUILLO-MANDARINA BARQUILLO-TANGERINE	
FRUIT					
SOUP	SOPA AVENA OATMEAL	FRIJOL CON CARNE BEANS WITH GROUND BEEF	SOPA DEL CHEF CHEF'S SOUP	SOPA PATACON FRIED PLANTAIN	CREMA CHOCLO SWEET CORN CREAM SOUP
PROTEIN	BONDIOLA HORNO PORK SHOULDER		PASTA CON POLLO CHICKEN PASTA	MIXTO CARNES PICADAS MIXED GROUND MEATS	POLLO MIEL MOSTAZA HONEY MUSTARD CHICKEN
CEREAL	ARROZ CON FIDEOS RICE WITH NOODLES	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ QUINUA QUINOA RICE
TUBERS	PAPA CRIOLLA CREOLE POTATO	CASCOS DE PAPA POTATO WEDGES	PAN TOSTADO TOASTED BREAD	CROQUETA YUCA CASSAVA CROQUETTE	PAPA CHUPE POTATO
SALAD	LECHUGA, ESPINACA Y MANGO LETTUCE, SPINACH, MANGO	ENSALADA CON AGUACATE SALAD WITH AVOCADO DRESSING	GELATINA GELATIN	CASCOS DE TOMATE TOMATO WEDGES	ENSALADA RUSTICA RUSTIC SALAD

FRUIT JUICE

AUGUST

Vegan Food

	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
					
DRINKS	YOGURT YOGURT	JUGO DE MORA BLACKBERRY JUICE	AGUA DE PANELA PANELA DRINK	ARROZ CON LECHE HOT RICE PUDDING	WAFLE CON DULCE, QUESO Y BANANO WAFFLES + BLACKBERRY JAM, GRATED CHEESE AND BANANA
SNACK	MANTECADA POUND CAKE	SANDWICH DE QUESO CHEESE SANDWICH	HUEVO CON TORTILLA EGG WITH TORTILLA	BARQUILLO-MANDARINA BARQUILLO-TANGERINE	
FRUIT					
SOUP	SOPA AVENA OATMEAL	FRIJOL Y HUEVO BEAN STEW AND EGG	SOPA DEL CHEF CHEF'S SOUP	PATACON FRIED PLANTAIN	CREMA CHOCLO SWEET CORN CREAM SOUP
PROTEIN	BERENJENA APANADA BREADED EGGPLANT		ARROZ CREMOSO CREAMY RICE WITH GREEN ONION	HAMBURGUESA BROCOLI BROCCOLI BURGER WITH CHEESE	INDIOS RELLENOS STUFFED CABBAGE ROLLS
CEREAL	ARROZ CON FIDEOS RICE WITH NOODLES	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ QUINUA QUINOA RICE
TUBERS	PAPA CRIOLLA CREOLE POTATO	PLATANO PLANTAIN	PAN TOSTADO TOASTED BREAD	CROQUETA YUCA CASSAVA CROQUETTE	PAPA CHUPE POTATO
SALAD	LECHUGA, ESPINACA Y MANGO LETTUCE, SPINACH, MANGO	ENSALADA CON AGUACATE SALAD WITH AVOCADO DRESSING	GELATINA GELATIN	CASCOS DE TOMATE TOMATO WEDGES	ENSALADA RUSTICA RUSTIC SALAD
	FRUIT JUICE				

AUGUST

Modified Menu

	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
FRUIT	YOGURT DIETETICO DIET YOGURTE	CREPES DE FRESA Y MANGO STRAWBERRY AND MANGO CREPES	QUESO CHEESE	FRESA, KIWI Y QUESO STRAWBERRY, KIWI AND CHEESE	CALDO EGG, POTATO AND CORIANDER BROTH
SNACK	PAPAYA PAPAYA		PANCAKE MANGO AND STRAWBERRY PANCAKE		MANDARINA TANGERINE
PROTEIN	CARNE BEEF	ROULETTE DE POLLO CHICKEN ROULETTE	DEDITOS DE PESCADO FISH FINGERS	PASTA ASIATICA CON POLLO ASIAN-STYLE PASTA WITH CHICKEN	ROLLO DE PESCADO FISH ROLL (BASA FILLET, ZUCCHINI)
CEREAL	ARROZ BLANCO WHITE RICE	PLATANO CON HOGAO PLANTAIN WITH HOGAO	ARROZ BLANCO WHITE RICE		PAPA VAPOR STEAMED POTATO
VEGETABLES	BERENJENA APANADA BREADED EGGPLANT	TAJADA AGUACATE AVOCADO	ESPINACA A LA CREMA CREAMED SPINACH	YOGURT DIETETICO DIETYOGURT	TOMATE CAPRESE CAPRESE TOMATO
WATER OF LIFE					