

AUGUST

General Food

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
					
DRINKS	HOLIDAY	CHOCOLATE HOT CHOCOLATE	MIX DE FRUTAS Y QUESO FRUIT AND CHEESE MIX	CAFE CON LECHE COFFEE WITH MILK	KUMIS KUMIS (FERMENTED MILK DRINK)
SNACK		PAN Y QUESO CHEESE AND BREAD		ROSCON ROSCON	MANTECADA POUND CAKE
FRUIT					
SOUP	HOLIDAY	PATACON FRIED PLANTAIN	SOPA DEL CHEF CHEF'S SOUP	LENTEJAS CON CERDO LENTILS WITH PORK	SANCOCHITO SMALL SANCOCHO
PROTEIN		NUGETS DE POLLO CHICKEN NUGGETS	ESTOFADO DE CARNE BEEF AND VEGETABLE STEW		CARNE MEAT
CEREAL		ARROZ BLANCO WHITE RICE	ARROZ CON FIDEOS RICE WITH NOODLES	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE
TUBERS		PURE DE PAPA MASHED POTATO	PATACON PATACON	PAPA CRIOLLA CREOLE POTATO	BANANO BANANA
SALAD		ENS. WALDORF ENS. WALDORF	CASCOS DE TOMATE TOMATO WEDGES	ENSALADA FRIA COLD SALAD	ENS. DEL CHEF CHEF'S SALAD
		FRUIT JUICE			

AUGUST

Vegan Food



17

Monday

18

Tuesday

19

Wednesday

20

Thursday

21

Friday

DRINKS

SNACK

FRUIT

SOUP

PROTEIN

CEREAL

TUBERS

SALAD

HOLIDAY

HOLIDAY

CHOCOLATE
HOT CHOCOLATE

PAN Y QUESO
CHEESE AND BREAD

PATACON
FRIED PLANTAIN

SOUFLE DE QUESO
CHEESE SOUFFLÉ

ARROZ BLANCO
WHITE RICE

PURE DE PAPA
MASHED POTATO

ENS. WALDORF
ENS. WALDORF

MIX DE FRUTAS Y
QUESO
FRUIT AND
CHEESE MIX

SOPA DEL CHEF
CHEF'S SOUP

CREMA ITALIANA
ITALIAN CREAM SOUP WITH
CHEESE CROUTONS

ARROZ CON FIDEOS
RICE WITH NOODLES

PATACON
PATACON

CASCOS DE TOMATE
TOMATO WEDGES

CAFE CON LECHE
COFFEE WITH MILK

ROSCON
ROSCON

LENTEJAS Y HUEVO
LENTIL STEW AND FRIED
EGG

ARROZ BLANCO
WHITE RICE

PAPA CRIOLLA
CREOLE POTATO

ENSALADA FRIA
COLD SALAD

KUMIS
KUMIS (FERMENTED
MILK DRINK)

MANTECADA
POUND CAKE

SANCOCHITO
SMALL SANCOCHO

SANCOCHITO CON
ALBONDIGA DE CARVE
CARVE MEATBALLS AND SANCOCHO

ARROZ BLANCO
WHITE RICE

BANANO
BANANA

ENS. DEL CHEF
CHEF'S SALAD

FRUIT JUICE

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
FRUIT	HOLIDAY	MIX FRUTAS CON QUESO FRUIT MIX WITH CHEESE (PAPAYA, MELON, STRAWBERRY, GRATED FARM CHEESE)	MELON, MANZANA Y QUESO MELON, APPLE AND CHEESE	AREPA DE MAIZ CORN AREPA	BARRA DE CEREAL CEREAL BAR
SNACK				INFUSION DE PIÑA PINEAPPLE AND MINT INFUSION	YOGURT DIETETICO DIET YOGURT
PROTEIN	HOLIDAY	POLLO AL HORNO BAKED CHICKEN	CREMA ITALIANA ITALIAN CREAM SOUP WITH CHEESE AND CHICKEN CROUTONS	TILAPIA ASADA CON COCO GRILLED TILAPIA WITH COCONUT	CARNE ASADA GRILLED BEEF
CEREAL		ARROZ BLANCO WHITE RICE	PAN TOSTADO TOASTED BREAD	PURE DE PAPA MASHED POTATO	ARROZ BLANCO WHITE RICE
VEGETABLES		TAJADA AGUACATE AVOCADO	FRUTA FRUIT	CALABACIN SALTEADO SAUTÉED ZUCCHINI	HABICHUELA STYLE GREEN BEANS

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS