

SCHOOL MENU

JULY

General Food

	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
DRINKS	CAFE CON LECHE COFFEE WITH MILK	MILK LECHE	CHOCOLATE HOT CHOCOLATE	KUMIS KUMIS	PEDAGOGICAL DAY
SNACK	HOJALDRADO PUFF PASTRY	GALLETA COOKIES	SANDWICH JAMON Y QUESO HAM AND CHEESE SANDWICH	MANTECADA POUND CAKE	
FRUIT					
SOUP	SANCOCHITO SANCOCHITO	CREMA VEGETALES CREAMED VEGETABLES	FRIJOL CON CARNE BEANS WITH GROUND BEEF	AJIACO CON POLLO AJIACO AND CHICKEN	PEDAGOGICAL DAY
PROTEIN	CARNE DEMIGLACE BEEF IN DEMIGLACE SAUCE	ALAS SALSA BBQ WINGS BBQ		ARROZ BLANCO WHITE RICE	
CEREAL	ARROZ VERDE GREEN RICE	ARROZ CON FIDEOS PARSLEYRICE	ARROZ BLANCO WHITE RICE		
LEGUME	PAPA FRANCESA FRENCH FRIES	CRIOLLITAS CREOLE POTATO BITES	PLATANO PLANTAIN	INCLUDED IN THE PROTEIN	
SALAD	ENSALADA SOL CARROT, ORANGE AND RAISIN	CASCOS DE TOMATE TOMATO WEDGES	ENS CON AGUACATE SALAD WITH AVOCADO	BANANO BANANA	
	FRUIT JUICE				

JULY

Vegan Food



27

Monday

28

Tuesday

29

Wednesday

30

Thursday

31

Friday

DRINKS

CAFE CON LECHE
COFFEE WITH MILK

MILK
LECHE

CHOCOLATE
HOT CHOCOLATE

KUMIS
KUMIS

SNACK

HOJALDRADO
PUFF PASTRY

GALLETA
COOKIES

SANDWICH DE QUESO
CHEESE SANDWICH

MANTECADA
POUND CAKE

FRUIT

SOUP

SANCOCHITO
SANCOCHITO

CREMA VEGETALES
CREAMED VEGETABLES

FRIJOL CON HUEVO
BEANS WITH EGG

AJIACO CON POLLO
AJIACO AND CHICKEN

PROTEIN

SANDWICH ESPECIAL
SPECIAL SANDWICH
(CHEESE, QUINOA
AND MUSHROOM)

INDIOS RELLENOS
STUFFED CABBAGE ROLLS

ARROZ CON FIDEOS
PARSLEYRICE

ARROZ BLANCO
WHITE RICE

LASAGNA DE
VEGETALES Y CARVE
VEGETABLES AND
CARVE LASAGNA

CEREAL

LEGUME

PAPA FRANCESA
FRENCH FRIES

CRIOLLITAS
CREOLE POTATO BITES

PLATANO
PLANTAIN

BANANO
BANANA

SALAD

ENSALADA SOL
CARROT, ORANGE AND RAISIN

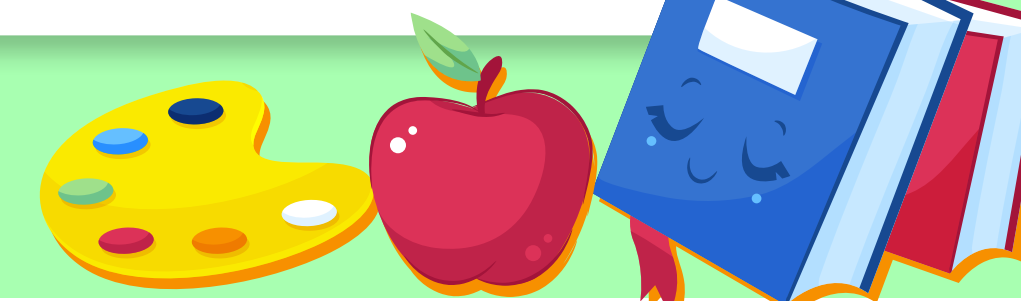
CASCOS DE TOMATE
TOMATO WEDGES

ENS CON AGUACATE
SALAD WITH AVOCADO

FRUIT JUICE

PEDAGOGICAL
DAY

PEDAGOGICAL
DAY



SCHOOL MENU

JULY

Modified Menu

	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
FRUIT	SANDWICH ATUN HALF TUNA AND VEGETABLE SANDWICH	MIX FRUTAS CON QUESO FRUIT MIX WITH CHEESE (PAPAYA, MELON, STRAWBERRY, GRATED FARM CHEESE)	QUESO CHEESE	AREPA DE MAIZ CORN AREPA	PEDAGOGICAL DAY
SNACK	INFUSION LIMON Y MENTA MINT AND LEMON INFUSION		MELON, MANZANA MELON, APPLE	INFUSION PIÑA Y MENTA PINEAPPLE AND MINT INFUSION	
PROTEIN	RAMEN RAMEN (EGGS, DICED CHICKEN, SPINACH, MUSHROOM	TILAPIA CON COCO GRILLED TILAPIA WITH COCONUT	CARNE ASADA GRILLED BEEF	BOLITA QUESO Y ATUN CHEESE BALL WITH TUNA	PEDAGOGICAL DAY
CEREAL		PURE DE PAPA MASHED POTATO	ARROZ BLANCO WHITE RICE	ARROZ CON ARVEJA RICE WITH PEAS	
SALAD	FRUTA FRUIT	CALABACIN SALTEADO SAUTÉED ZUCCHINI	HABICHUELAS GREEN BEANS	TAJADA DE AGUACATE AVOCADO	

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS