


SCHOOL MENU

MAY

General Food

	25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
					
DRINKS	JUGO DE MANGO MANGO JUICE	KUMIS KUMIS (FERMENTED MILK DRINK)	JUGO DE MARACUYA PASSION FRUIT JUICE	JUGO DE FRESA STRAWBERRY JUICE	AGUA DE PANELA PANELA DRINK
SNACK	TORTA CAKE	MUFIN MUFINS	SANDWICH DE QUESO CHEESE SANDWICH	CROISANT CROISANT	AREPA CON QUESO CHEESE AREPA
FRUIT		DURAZNO PEACH		MANZANA APPLE	
SOUP	CREMA VERDURAS VEGETABLE CREAM SOUP	SOPA DE AVENA OAT	SANCOCHITO SMALL SANCOCHO FRUI	SOPA DEL CHEF CHEF'S SOUP	CREMA DE ARVEJA PEA CREAM
PROTEIN	ARROZ CON POLLO CHICKEN AND RICE	BONDIOLA AL HORNO ROASTED PORK SHOULDER	ARROZ PAISA PAISA-STYLE RICE	POLLO MIEL BAKED CHICKEN HONEY	PASTA CON POLLO SALSA CHAMPIÑONES PASTA WITH CHICKEN AND MUSHROOM SAUCE
CEREAL		ARROZ AJONJOLI SESAME RICE		ARROZ BLANCO WHITE RICE	
LEGUME	PAPA CHIPS CHIPS	PAPA LYONESA LYONNAISE POTATOES	PAPA FRANCESA FRENCH FRIES	ENSALADA RUSA RUSSIAN SALAD (POTATO, CARROT, PEAS, MAYONNAISE)	PAN TOSTADO TOASTED BREAD
SALAD	INCLUDED IN THE PROTEIN	ENSALADA SALAD (LETTUCE, CUCUMBER, CORIANDER, DICED TOMATO)	CASCOS DE TOMATE TOMATO WEDGES		FRUTA FRUIT

FRUIT JUICE

	25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
					
DRINKS	JUGO DE MANGO MANGO JUICE	KUMIS KUMIS (FERMENTED MILK DRINK)	JUGO DE MARACUYA PASSION FRUIT JUICE	JUGO DE FRESA STRAWBERRY JUICE	AGUA DE PANELA PANELA DRINK
SNACK	TORTA CAKE	MUFIN MUFINS	SANDWICH DE QUESO CHEESE SANDWICH	CROISANT CROISANT	AREPA CON QUESO CHEESE AREPA
FRUIT		DURAZNO PEACH		MANZANA APPLE	
SOUP	CREMA VERDURAS VEGETABLE CREAM SOUP	SOPA DE AVENA OAT	SANCOCHITO SMALL SANCOCHO FRUI	SOPA DEL CHEF CHEF'S SOUP	CREMA DE ARVEJA PEA CREAM
PROTEIN	ARROZ CON CARVE RICE WITH CARVE AND WHEAT, CARROT, PEAS, TURMERIC, ONION, TOMATO SAUCE	HUEVOS COCIDOS BOILED EGGS	KIBBE KIBBE (CARVE, EGG, CHEESE)	SOUFLE DE QUESO CHEESE SOUFLÉ	ESPAGUETTI CREMOSO CON VEGETALES Y LENTEJA REFrita CREAMY SPAGHETTI WITH VEGETABLES AND FRIED LENTILS
CEREAL		ARROZ AJONJOLI SESAME RICE	ARROZ DE MAIZ CORN RICE	ARROZ BLANCO WHITE RICE	
LEGUME	PAPA CHIPS CHIPS	PAPA ENCEBOLLADA ONIONED POTATOES	PAPA FRANCESA FRENCH FRIES	ENSALADA RUSA RUSSIAN SALAD (POTATO, CARROT, PEAS, MAYONNAISE)	PAN TOSTADO TOASTED BREAD
SALAD	INCLUDED IN THE PROTEIN	ENSALADA SALAD (LETTUCE, CUCUMBER, CORIANDER, DICED TOMATO)	CASCOS DE TOMATE TOMATO WEDGES		FRUTA FRUIT

FRUIT JUICE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS

SCHOOL MENU

MAY

Modified Menu



25
Monday

26
Tuesday

27
Wednesday

28
Thursday

29
Friday

FRUIT

CFREPES DE FRESA, MANGO Y QUESO
STAWBERRY, MANGO CREPES AND CHEESE

GALLETA DE AVENA OAT AND RED BERRY COOKIES

INFUSION COHOMBRO, MANZANA Y NARANJA CUCUMBER, APPLE AND ORANGE INFUSION

PANCAKE DE MANGO, FRESA Y QUESO GRATINADO MANGO AND STRAWBERRY PANCAKE AND GRATED CHEESE

PAPAYA Y MELON PAPAAYA AND MELON

SNACK

YOGURT DIETETICO DIET YOGURT

SANDWICH AGUACATE Y QUESO AVOCADO AND GRILLED CHEESE SANDWICH

GALLETA DE AVENA Y GRANOLA OAT AND GRANOLA COOKIES

PROTEIN

WRAPS DE POLLO CON VEGETALES Y QUESO CHICKEN WRAPS WITH VEGETABLES AND CHEESE

ARROZ LIBANES LEBANESE-STYLE RICE (CREAM, MUSHROOM, SHREDDED CHICKEN, RICE, ALMOND)

CREMA ITALIANA ITALIAN CREAM SOUP WITH CHEESE CROUTONS AND DICED CHICKEN

CARNE BEEF

CANASTA DE ZUCCHINI Y POLLO ZUCCHINI BASKET WITH CHICKEN AND CHEESE

CEREAL

PAN TOSTADO TOASTED BREAD

ARROZ BLANCO WHITE RICE

ARROZ BLANCO WHITE RICE

SALAD

FRUTA FRUIT

TOMATE ASADO ROASTED TOMATO

TAJADA AGUACATE AVOCADO

BERENJENA NAPOLITANA BREADED EGGPLANT IN NAPOLITAN SAUCE

TOMATE CAPRESE CAPRESE TOMATO

WATER OF LIFE