



SCHOOL MENU

JUNE

General Food

	1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
					
DRINKS	CREMA DE NARANJA ORANGE CREAM	PIÑA, FRESA Y LIMON FRESH JUICE	TE FRIO ICED TEA	MALTEADA MILKSHAKE	JUGO DE MORA STRAWBERRY JUICE
SNACK	ROSCON ROSCON	EMPANADA DE CARNE BEEF EMPANADA	CHORIPAN CHORIPAN	GALLETA CHIPS COOKIES	EMPANADA DE QUESO CHEESE EMPANADA
FRUIT					
SOUP	SOPA DE CEBOLLA ONION SOUP	SOPA DE ARROZ RICE SOUP	SOPA DE AVENA OATMEAL	CREMA DE CHAMPIÑON MUSHROOM CREAM SOUP	SOPA DEL CHEF CHEF'S SOUP
PROTEIN	POLLO AL HORNO BAKED CHICKEN	MILANESA SANDWICH SANDWICH DE MILANESA	CARNE ASADA GRILLED BEEF	BEEF BURGUER WITH VEGETABLE HAMBURGUESA CON VEGETALES	BONDIOLA ENCEBOLLADA ONION PORK SHOULDER
CEREAL	ARROZ AJONJOLI SESAME RICE		ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE
LEGUME	PURE DE PAPA MASHED POTATOES	PAPA CHIPS POTATO CHIPS	PAPA SALADA SALTED POTATOES	PAPA CASCOS POTATO WEDGES	ENSALADA DE PAPA POTATO SALAD
SALAD	RATATOILLE RATATOUILLE	MANDARINA TANGERINE	GUACAMOLE GUACAMOLE	DURAZNO PEACH	

FRUIT JUICE

	1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
					
DRINKS	CREMA DE NARANJA ORANGE CREAM	PIÑA, FRESA Y LIMON FRESH JUICE	TE FRIO ICED TEA	MALTEADA MILKSHAKE	JUGO DE MORA STRAWBERRY JUICE
SNACK	ROSCON ROSCON	AREPA AVENA Y QUESO OAT AREPA AND CHEESE	SANDWICH QUESO CHEESE SANDWICH	GALLETAS CHIPS COOKIES	EMPANADA DE QUESO CHEESE EMPANADA
FRUIT					
SOUP	SOPA DE CEBOLLA ONION SOUP	SOPA DE ARROZ RICE SOUP	SOPA DE AVENA OATMEAL	CREMA DE CHAMPIÑON MUSHROOM CREAM SOUP	SOPA DEL CHEF CHEF'S SOUP
PROTEIN	POLLO AL HORNO BAKED CHICKEN	SANDWICH DE LENTEJA LENTIL SANDWICH	CARNE ASADA GRILLED BEEF	HAMBURGUESA DE CARVE CARVE BURGUER	INDIOS RELLENOS STUFFED CABBAGE ROLLS
CEREAL	ARROZ AJONJOLI SESAME RICE		ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE
LEGUME	PURE DE PAPA MASHED POTATOES	PAPA CHIPS POTATO CHIPS	PAPA SALADA SALTED POTATOES	PAPA CASCOS POTATO WEDGES	ENSALADA DE PAPA POTATO SALAD
SALAD	RATATOILLE RATATOUILLE	MANDARINA TANGERINE	GUACAMOLE GUACAMOLE	DURAZNO PEACH	

FRUIT JUICE

	1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
 FRUIT	CREPES DE FRESA Y MANGO (QUESO, DULCE DE PIÑA) STRAWBERRY, MANGO	AREPA AVENA Y QUESO OAT AND RED BERRY COOKIES	SANDWICH QUESO CHEESE SANDWICH	MIX DE FRUTAS FRUIT MIX WITH CHEESE (PAPAYA, MELON, STRAWBERRY, GRATED FARM CHEESE)	QUESO CHEESE
SNACK	CREPES (CHEESE, PINEAPPLE JAM)	PIÑA, FRESA Y LIMON FRESH JUICE	INFUSION DE PIÑA Y HIERBABUENA PINEAPPLE AND MINT INFUSION		MELON Y MANZANA MELON AND APPLE
PROTEIN	WRAPS DE POLLO Y VEGETALES CHICKEN AND VEGETABLES WRAPS	RAMEN (TALLARIN, HUEVO COCIDO, }CUBOS DE POLLO, ESPINACA, CHAMPIÑON) RAMEN	TILAPIA CON COCO GRILLED TILAPIA WITH COCONUT	CARNE ASADA GRILLED BEEF	PECHUGA PLANCHA GRILLED CHICKEN BREAST
CEREAL			PURE DE PAPA MASHED POTATOES	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE
SALAD	TAJADA DE AGUACATE AVOCADO	FRUTA FRUIT	CALABACIN SAUTÉED ZUCCHINI	HABICHUELA GREEN BEANS	INDIOS RELLENOS STUFFED CABBAGE ROLLS

WATER OF LIFE