



SCHOOL MENU

APRIL

General Food

	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
					
DRINKS	JUGO DE MANGO MANGO JUICE	POMY CEREAL POMY CEREAL	WAFLES + DULCE MORA Y QUESO RALLADO WAFFLES + BLACKBERRY JAM AND GRATED CHEESE	AGUA DE PANELA PANELA DRINK	JUGO DE FRESA STRAWBERRY JUICE
SNACK	EMPANADA DE CARNE BEEF EMPANADA	DURAZNO PEACH	BANANO BANANA	AREPA DE QUESO CHEESE AREPA	PASTEL GLORIA GLORIA PASTRY
FRUIT					
SOUP	CREMA DE POLLO CHICKEN CREAM SOUP	CREMA DE VERDURAS VEGETABLE CREAM SOUP	SOPA DE COLICERO COLICERO SOUP	LENTEJAS LENTILS	CREMA DE ESPINACA SPINACH CREAM SOUP
PROTEIN	BONDIOLA AL HORNO ROASTED PORK SHOULDER	ARROZ CON POLLO CHICKEN AND RICE	POLLO HAWAIANO HAWAIIAN-STYLE CHICKEN	ESPAGUETTI CREMOSO CON ATUN EN SALSA POMODORO CREAMY SPAGHETTI WITH TUNA IN POMODORO SAUCE	SUDADO DE MORRILLO BRAISED BEEF SHANK STEW
CEREAL	ARROZ AJONJOLI SESAME RICE		ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE
LEGUME	PAPA LYONESA LYONNAISE POTATOES (WITH ONION AND BACON)	PAPA CHIPS CHIPS	PAPA FRANCESA FRENCH FRIES	PAN TOSTADO TOASTED BREAD	PAPA CHALECA CHALECA POTATOES
SALAD	ENSALADA SALAD (LETTUCE, CUCUMBER, CORIANDER, DICED TOMATO, LEMON AND OIL VINAIGRETTE)	INCLUDED IN THE PROTEIN	ENSALADA COLESLAW COLESLAW SALAD (LETTUCE, CARROT, CREAM, SUGAR, VINEGAR)	CUCHAREABLE CUCHAREABLE	CASCOS DE TOMATE TOMATO WEDGES

FRUIT JUICE

	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
					
DRINKS	JUGO DE MANGO MANGO JUICE	POMY CEREAL POMY CEREAL	WAFLES + DULCE MORA Y QUESO RALLADO WAFFLES + BLACKBERRY JAM AND GRATED CHEESE	AGUA DE PANELA PANELA DRINK	JUGO DE FRESA STRAWBERRY JUICE
SNACK	EMPANADA DE QUESO CHEESE EMPANADA	DURAZNO PEACH	BANANO BANANA	AREPA DE QUESO CHEESE AREPA	PASTEL GLORIA GLORIA PASTRY
FRUIT					
SOUP	HUEVOS COCIDOS (2) BOILED EGGS (2)	CREMA DE VERDURAS VEGETABLE CREAM SOUP	CREMA ITALIANA ITALIAN CREAM SOUP WITH CHEESE CROUTONS (LEEK, ONION, GARLIC, PARSLEY, FLOUR, MILK)	LENTEJAS LENTILS	CREMA DE ESPINACA SPINACH CREAM SOUP
PROTEIN		ARROZ CON CARVE Y TRIGO Y VEGETALES RICE WITH CARVE AND WHEAT, CARROT, PEAS, TURMERIC, ONION, TOMATO SAUCE	ARROZ BLANCO WHITE RICE	ESPAGUETTI CREMOSO CON ATUN EN SALSAS POMODORO CREAMY SPAGHETTI WITH TUNA IN POMODORO SAUCE	ALBONDIGAS DE CARVE CON SALSAS CRIOLLA CARVE MEATBALLS IN CREOLE SAUCE
CEREAL	ARROZ AJONJOLI SESAME RICE				ARROZ BLANCO WHITE RICE
LEGUME	PAPA ENCEBOLLADA ONIONED POTATOES	PAPA CHIPS CHIPS	PAPA FRANCESA FRENCH FRIES	PAN TOSTADO TOASTED BREAD	PAPA CHALECA CHALECA POTATOES
SALAD	ENSALADA SALAD (LETTUCE, CUCUMBER, CORIANDER, DICED TOMATO, LEMON AND OIL VINAIGRETTE)	INCLUDED IN THE PROTEIN	ENSALADA COLESLAW COLESLAW SALAD (LETTUCE, CARROT, CREAM, SUGAR, VINEGAR)	CUCHAREABLE CUCHAREABLE	CASCOS DE TOMATE ROASTED TOMATO

FRUIT JUICE

	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
FRUIT	BARRA DE CEREAL CEREAL BAR	CREPES DE FRESA Y MANGO STRAWBERRY AND MANGO CREPES (PLAIN CREPE, CHEESE, SUGAR-FREE PINEAPPLE JAM)	GALLETAS DE AVENA Y FRUTOS OAT AND RED BERRY COOKIES	INFUSION DE COHOMBRO, MANZANA, NARANJA CUCUMBER, APPLE AND ORANGE INFUSION	PERA Y UVAS PEAR AND GRAPES
SNACK	YOGURT DIETETICO DIET YOGURT		YOGURT DIETETICO DIET YOGURT	SANDWICH DE AGUACATE Y QUESO ASADO AVOCADO AND GRILLED CHEESE SANDWICH	TRIANGULOS DE QUESO CHEESE TRIANGLES
PROTEIN	BOLITA DE QUESO CON ATUN CHEESE BALL WITH TUNA	WRAPS DE POLLO CHICKEN WRAPS	ARROZ LIBANES (CREMA DE LECHE, CHAMPIÑON, POLLO MECHADO, ARROZ, ALMENDRA)	CREMA ITALIANA CRUTONES DE QUESO Y POLLO MECHADO ITALIAN CREAM SOUP WITH CHEESE CRUTONS AND SHREDDED CHICKEN	ESPAGUETTI CREMOSO CON VEGETALES Y POLLO EN CUBOS CREAMY SPAGHETTI WITH VEGETABLES AND DICED CHICKEN
CEREAL	ARROZ CON FIDEOS RICE WITH NOODLES	PAPA BLANCA POTATO	LEBANESE-STYLE RICE (CREAM, MUSHROOM, SHREDDED CHICKEN, RICE, ALMOND)	PAN TOSTADO TOASTED BREAD	
SALAD	MIX DE VEGETALES MIXED VEGETABLES	TAJADA DE AGUACATE AVOCADO SLICE	TOMATE ASADO ROASTED TOMATO	TAJADA DE AGUACATE AVOCADO SLICE	FRUTA PICADA DICED FRUIT

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS