

SCHOOL MENU

APRIL

General Food

🕒	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
DRINKS	CHOCOLATE CHOCOLATE	AGUA DE PANELA PANELA DRINK	JUGO DE MARACUYA PASSION FRUIT JUICE	JUGO DE FRESA STRAWBERRY JUICE	CHOCOLISTO CHOCOLISTO
SNACK	PAN Y QUESO BREAD AND CHEESE	CROISANT CROISANT	PAN PIZZA PIZZA BREAD	GALLETA CHOCHIPS CHOCOLATE CHIP COOKIEN	AREPA DE HUEVO EGG AREPA
FRUIT		PATILLA WATERMELON			
SOUP	CEBADA PERLADA PEARL BARLEY	SANCOCHITO SMALL SANCOCHO SOUP	PASTA PASTA	FRIJOL CON CARNE MOLIDA BEANS WITH GROUND BEEF	MONDONGO MONDONGO
PROTEIN	ARROZ CON ATUN TUNA RICE	PASTA ESTROGANOF BEEF STROGANOFF PASTA	POLLO SALSA BBQ CHICKEN IN BBQ SAUCE		TERNERA SALSA DEMIGLACE VEAL IN DEMIGLACE SAUCE
CEREAL			ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	ARROZ CON VERDURAS VEGETABLE RICE
LEGUME	PAPA CHIPS CHIPS	PAN TOSTADO TOASTED BREAD	PAPA PEREJIL POTATO PARSLEY	TAJADAS DE MADURO PLANTAIN SLICES	CROQUETA DE YUCA CASSAVA CROQUETTE
SALAD	CASCOS DE TOMATE TOMATO WEDGES	CUCHAREABLE CUCHAREABLE	ENSALADA DE ZANAHORIA Y MANGO CARROT AND MANGO SALAD	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	MANDARINA TANGERINE

FRUIT JUICE

🕒	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
DRINKS	CHOCOLATE CHOCOLATE	AGUA DE PANELA PANELA DRINK	JUGO DE MARACUYA PASSION FRUIT JUICE	JUGO DE FRESA STRAWBERRY JUICE	CHOCOLISTO CHOCOLISTO
SNACK	PAN Y QUESO BREAD AND CHEESE	CROISANT CROISANT	PAN PIZZA PIZZA BREAD	GALLETA CHOCHIPS CHOCOLATE CHIP COOKIEN	SANDWICH DE QUESO CHEESE SANDWICH
FRUIT		PATILLA WATERMELON			
SOUP	CEBADA PERLADA PEARL BARLEY	SANCOCHITO SMALL SANCOCHO SOUP	PASTA PASTA	FRIJOL Y HUEVO FRITO BEAN STEW (LIGHT) AND FRIED EGG	CONSOME CONSOME
PROTEIN	CUSCUS COUSCOUS (WHEAT, RICE, CARAMELIZED PEAR, SESAME SEEDS, MUSHROOM, CELERY, CARROT)	PASTA CON ALBONDIGAS DE ARVEJA VERDE SECA EN SALSA ESTRAGON PASTA WITH GREEN PEA MEATBALLS IN TARRAGON SAUCE	BERENJENA APANADA BREADED EGGPLANT IN NAPOLITANSAUCE		INDIOS RELLENOS STUFFED CABBAGE ROLLS (CABBAGE LEAF, CARVE, PEAS, HOGAO SAUCE)
CEREAL	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	ARROZ CON VERDURAS VEGETABLE RICE
LEGUME	PAPA CHIPS CHIPS	PAN TOSTADO TOASTED BREAD	PAPA PEREJIL POTATO PARSLEY	TAJADAS DE MADURO PLANTAIN SLICES	CROQUETA DE YUCA CASSAVA CROQUETTE
SALAD	CASCOS DE TOMATE TOMATO WEDGES	CUCHAREABLE CUCHAREABLE	ENSALADA DE ZANAHORIA Y MANGO CARROT AND MANGO SALAD	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	MANDARINA TANGERINE

FRUIT JUICE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS

🕒	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
FRUIT	MANDARINA TANGERINE	INFUSION DE HIERBABUENA Y LIMON MINT AND LEMON INFUSION	MIX DE FRUTAS CON QUESO FRUIT MIX WITH CHEESE (PAPAYA, MELON, STRAWBERRY, GRATED FARM CHEESE)	MELON Y MANZANA MELON AND APPLE	INFUSION DE PIÑA Y HIERBABUENA PINEAPPLE AND MINT INFUSION
SNACK	CALDO DE HUEVO, PAPA Y CILANTRO EGG, POTATO AND CORIANDERBROTH	1/2 SANDWICH DE ATUN CON VEGETALES HALF TUNA AND VEGETABLE SANDWICH		CUBOS DE QUESO CHEESE CUBES	AREPA DE MAIZ CORN AREPA
PROTEIN	POLLO AL HORNO BAKED CHICKEN	RAMEN (TALLARIN, HUEVO COCIDO, CUBOS DE POLLO, ESPINACA, CHAMPIÑON, SOYA) RAMEN (NOODLES, BOILED EGG, DICED CHICKEN, SPINACH, MUSHROOM, SOY SAUCE)	TILAPIA ASADA CON COCO GRILLED TILAPIA WITH COCONUT	CARNE ASADA GRILLED BEEF	PECHUGA A LA PLANCHA GRILLED CHICKEN BREAST
CEREAL	ARROZ BLANCO WHITE RICE		PURE DE PAPA MASHED POTATO	ARROZ BLANCO WHITE RICE	ARROZ CON ARVEJAS RICE WITH PEAS
SALAD	TAJADA DE AGUACATE AVOCADO SLICE	FRUTA PICADA DICED FRUIT	CALABACIN SALTEADO SAUTÉED ZUCCHINI	HABICHUELA JAPONESA STUFFED CABBAGE ROLLS (CABBAGE LEAF, GREEN PEAS, CARROT STRIPS, HOGAO SAUCE)	INDIOS RELLENOS STUFFED CABBAGE ROLLS (CABBAGE LEAF, GREEN PEAS, CARROT STRIPS, HOGAO SAUCE)

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS