

FEBRUARY

General Food

	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
					
DRINKS	JUGO DE MARACUYA PASSION FRUIT JUICE		SORBETE DE FRESA STRAWBERRY SORBET	BEBIDA ACHOCOLATADA CHOCOLATE DRINK	PEDAGOGICAL DAY
SNACK	AREPA RANCHERA RANCH-STYLE AREPA		PASTEL DE POLLO CHICKEN PASTRY	AREPA CAMPESINA COUNTRY-STYLE AREPA	
FRUIT					
SOUP	CREMA DE POLLO CREAM OF CHICKEN	FRIJOL CON CARNE MOLIDA BEANS WITH GROUND BEEF	CREMA DE ARVEJA PEA CREAM	MONDONGO TRIPLE SOUP	PEDAGOGICAL DAY
PROTEIN	CARNE SALSA DEMIGLACE BEEF IN DEMIGLACE SAUCE		PASTA ESTROGANOF CON CARNE BEEF STROGANOFF PASTA	TERNERA SALSA DEMIGLACE VEAL IN DEMIGLACE SAUCE	
CEREAL	ARROZ VERDE GREEN RICE	ARROZ BLANCO WHITE RICE		ARROZ CON VERDURAS VEGETABLE RICE	
LEGUME	PURE DE PAPA MASHED POTATOES	PLATANO PLATAIN	PAN TOSTADO TOASTED BREAD	CROQUETA DE YUCA CASSAVA CROQUETTE	
SALAD	ENSALADA SOL CARROT, ORANGE AND RAISIN SALAD	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	CUCHAREABLE CUCHAREABLE	FRUTA DE MANO FRUIT	

FRUIT JUICE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS

	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
					
DRINKS	JUGO DE MARACUYA PASSION FRUIT JUICE		SORBETE DE FRESA STRAWBERRY SORBET	BEBIDA ACHOCOLATADA CHOCOLATE DRINK	PEDAGOGICAL DAY
SNACK	AREPA CON QUESO AREPA WITH CHEESE	ENSALADA DE FRUTAS CON BARQUILLO FRUIT SALAD (MELON, PAPAYA, BANANA, STRAWBERRY, GRATED COCONUT) + WAFER CONE	SANDWICH DE QUESO CON VEGETALES CHEESE AND VEGETABLE SANDWICH	AREPA CAMPESINA COUNTRY-STYLE AREPA	
FRUIT					
SOUP	BERENJENA APANADA EN SALSA NAPOLITANA BREADED EGGPLANT IN NAPOLITAN SAUCE	CAZUELA DE FRIJOL BEAN STEW (LIGHT)	CREMA DE ARVEJA PEA CREAM	CUCHUCO DE TRIGO WHEAT CUCHUCO	PEDAGOGICAL DAY
PROTEIN			PASTA CON ALBONDIGAS DE ARVEJA VERDE SECA EN SALSA ESTRAGON PASTA WITH GREEN PEA MEATBALLS IN TARRAGON SAUCE	INDIOS RELLENOS STUFFED CABBAGE ROLLS (CABBAGE LEAF, CARVE, PEAS, HOGAO SAUCE)	
CEREAL	ARROZ VERDE GREEN RICE	ARROZ BLANCO WHITE RICE		ARROZ CON VERDURAS VEGETABLE RICE	
LEGUME	PURE DE PAPA MASHED POTATOES	PLATANO PLATAIN	PAN TOSTADO TOASTED BREAD	CROQUETA DE YUCA CASSAVA CROQUETTE	
SALAD	ENSALADA SOL CARROT, ORANGE AND RAISIN SALAD	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	CUCHAREABLE CUCHAREABLE	FRUTA DE MANO FRUIT	

FRUIT JUICE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS



23
Monday

24
Tuesday

25
Wednesday

26
Thursday

27
Friday

FRUIT

MIX DE FRUTAS CON QUESO
FRUIT MIX WITH CHEESE
(PAPAYA, MELON,
STRAWBERRY,
GRATED FARM CHEESE)

MELON Y MANZANA
MELON AND APPLE

INFUSION MENTA Y LIMON
MINT AND LEMON INFUSION

BARRA DE CEREAL
CEREAL BAR

**PEDAGOGICAL
DAY**

SNACK

CUBOS DE QUESO
CHEESE CUBES

½ SANDWICH DE ATUN
HALF TUNA AND
VEGETABLE SANDWICH

YOGURT DIETETICO
DIET YOGURT

PROTEIN

ROULETTE DE POLLO
CHICKEN ROULETTE
(CHEESE AND SPINACH)

PASTA ASIATICA CON POLLO
ASIAN-STYLE PASTA
WITH CHICKEN
(MUSHROOM, BROCCOLI,
DICED CHICKEN, SOY SAUCE)

CARNE EN SU SALSA
BEEF

ROLLO DE PESCADO
FISH ROLL (BASA
FILLET, ZUCCHINI)

**PEDAGOGICAL
DAY**

CEREAL

PLATANO CON HOGAO
PLANTAIN WITH HOGAO

ARROZ BLANCO
WHITE RICE

PAPA VAPOR
PAPA VAPOR

SALAD

ESPINACA A LA CREMA
CREAMED SPINACH

YOGURT DIETETICO
DIET YOGURT

BERENJENA APANADA
EN SALSA NAPOLITANA
BREADED EGGPLANT
IN NAPOLITAN SAUCE

TOMATE CAPRESE
CAPRESE TOMATO

WATER OF LIFE

ESTA MINUTA PUEDE CONTENER ALÉRGENOS