

APRIL

General Food

**HOLY
WEEK**

FRUIT JUICE

	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	
					
DRINKS	JUGO DE FRESA STRAWBERRY JUICE	AGUA DE PANELA PANELA WATER	YOGUR YOGURTH	JUGO MARACU - MANGO PASSION FRUIT - MANGO	
SNACK	PASTEL GLORIA GLORIA PASTRY	ALMOJABANA ALMOJABANA	MANTECADA SHORTCAKE	CHORIPAN CHORIPAN	
FRUIT	FRUTA FRUIT		FRUTA FRUIT		
SOUP	AVENA OAT	RICE ARROZ	CONCHITAS CONCHITAS	PATACÓN PATACON	
PROTEIN	LENTEJAS CON CERDO LENTILS WITH PORK	POLLO AL HORNO BAKED CHICKEN	CARNE EN BISTEC STEAK BISTEC	PECHUGA EN SALSA DE QUESO BREAST IN CHEESE SAUCE	
CEREAL	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	
LEGUME	PATACÓN PATACON	PASTA GUISADA STEWED PASTA	AREPA AREPA	PAPA FRANCESA FRIES	
SALAD	ENSALADA FRÍA COLD SALAD (LETTUCE, CARROTS, TOMATO) WITH TRADITIONAL VINAIGRETTE)	ENSALADA RUSA RUSSIAN SALAD (MIX, MAYO MUSTAIN, PARSLEY, SABANERA POTATO)	ENSALADA HAWAIANA HAWAIIAN SALAD (POACHED CABBAGE, PINEAPPLE, MILK CREAM, PINEAPPLE PULP)	ENSALADA TROPICAL TROPICAL SALAD (SPINACH, LETTUCE, PINEAPPLE AND STRAWBERRY WITH WALDORF VINAIGRETTE)	

APRIL

Vegan Food



8

Tuesday

9

Wednesday

10

Thursday

11

Friday

DRINKS

JUGO DE FRESA
STRAWBERRY JUICE

AGUA DE PANELA
PANELA WATER

YOGURTH
YOGURTH

JUGO MARACU - MANGO
PASSION FRUIT - MANGO

SNACK

PASTEL GLORIA
GLORIA PASTRY

ALMOJÁBANA
ALMOJABANA

MANTECADA
SHORTCAKE

WRAPS DE QUESO Y VEGETALES
CHEESE, LETTUCE AND TOMATOES
WRAPS

FRUIT

FRUTA
FRUIT

FRUTA
FRUIT

SOUP

AVENA
OAT

ARROZ
RICE

CONCHITAS
CONCHITAS

PATACON
PATACON

PROTEIN

CAZUELA DE LENTEJA
LENTIL CASSEROLE WITH

SOUFLE DE QUESO
CHEESE SOUFFLE

LASAGNA AL HORNO
BAKED LASAGNA (PASTA,
CARVE, QUINOA, CARROT,
ZUCCHINI, BECHAMEL SAUCE,
CHEESE)

TORTILLA DE PAPA A LA
JARDINERA
JARDINERA POTATO OMELETTE
(PEA, BROCCOLI, POTATO,
OCAÑERA ONION, EGGS, SALT
AND PEPPER)

CEREAL

ARROZ BLANCO
WHITE RICE

LEGUME

PATACON
PATACON

PASTA GUISADA
STEWED PASTA

PAN TOSTADO
TOASTED BREAD

ARROZ BLANCO
WHITE RICE

SALAD

ENSALADA FRÍA
COLD SALAD (LETTUCE,
CARROTS, TOMATO) WITH
TRADITIONAL VINAIGRETTE)

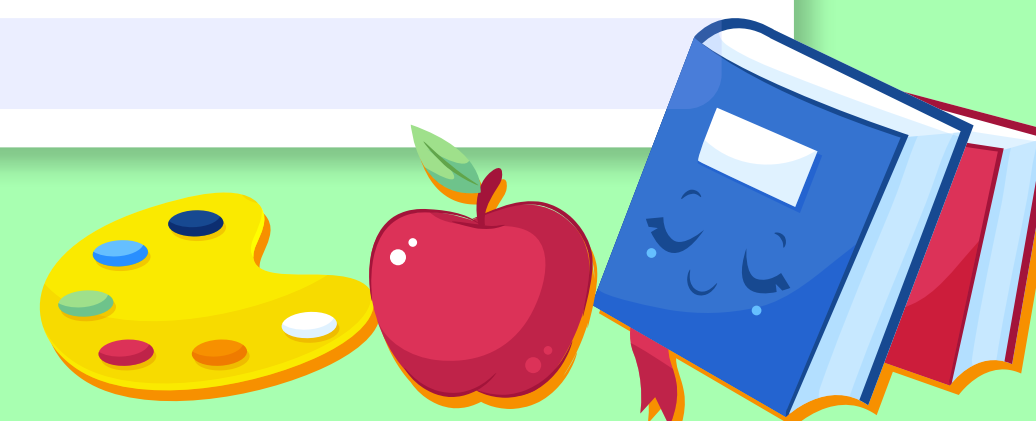
ENSALADA RUSA
RUSSIAN SALAD (MIX, MAYO
MUSTAIN, PARSLEY, SABANERA
POTATO)

FRUTA
FRUIT

ENSALADA TROPICAL
TROPICAL SALAD (SPINACH,
LETTUCE, PINEAPPLE AND
STRAWBERRY WITH WALDORF
VINAIGRETTE)

**HOLY
WEEK**

FRUIT JUICE



APRIL

Modified Menu



8

Tuesday

9

Wednesday

10

Thursday

11

Friday

FRUIT

PATILLA, MELON, UVA ISABELLINA
WATERMELON, MELON, ISABELLINA
GRAPE

SNACK

AREPA DE AVENA
OAT AREPA

PROTEIN

ROULETTE DE POLLO
CHICKEN ROULETTE

CEREAL

PURÉ DE PAPA
MASHED POTATO

SALAD

TORTA DE VERDURAS
VEGETABLE CAKE (BEANS, CHARD,
CARROT, CHEESE, EGG)

FRESA, PAPAYA, MELON
STRAWBERRY, PAPAYA, MELON

GALLETA INTEGRAL
OATMEAL AND GRANOLA COOKIE

CARNE ASADA
GRILLED BEEF

YUCA AL VAPOR
STEAM CASSAVA

ESPINACA A LA CREMA
CREAMY SPINACH

PARFAIT
PARFAIT (OATMEAL, FLAKES,
PAPAYA, MELON, APPLE, DIET
YOGURTH)

PECHUGA ASADA
GRILLED BREAST

ARROZ BLANCO
WHITE RICE

POTECA DE AHUYAMA
AHUYAMA POT

PATILLA, KIWI, MELON
WATERMELON, KIWI, MELON

BARRA DE CEREAL
CEREAL BAR

PESCADO ASADO
ROASTED FISH

CRIOILLITAS AL VAPOR
STEAM YELLOW POTATOES

PEPINO GUISADO
STEWED CUCUMBER, PEAS,
WHITE ONION

HOLY
WEEK

WATER OF LIFE

