

APRIL

General Food



28

Monday

29

Tuesday

30

Wednesday

2

Friday

DRINKS

KUMIS
KOUMISS

JUGO DE MARACUYA
PASSION FRUIT JUICE

JUGO DE MANGO
MANGO JUICE

SNACK

PASTEL HAWAIANO
HAWAIIAN CAKE

GALLETA CRACKER
CRACKER COOKIE

EMPANADADE POLLO
CHICKEN EMPANADA

FRUIT

PATILLA
WATERMELON

SOUP

SIETE GRANOS
SIETE GRANOS

CREMA DE CHAMPIÑONES
CREAM OF MUSHROOM

CREMA DE ESPINACA
CREAM OF SPINACH

PROTEIN

PECHUGA EN SALSA DE QUESO
BREAST IN CHEESE SAUCE

ROPA VIEJA
SHREDDED BEEF

FRIJOL CON CARNE MOLIDA
BEANS WITH GROUND BEEF

CEREAL

ARROZ BLANCO
WHITE RICE

ARROZ BLANCO
WHITE RICE

ARROZ BLANCO
WHITE RICE

LEGUME

CASCOS DE PAPA
POTATO WEDGES

PAPA SALADA
SALTY POTATO

TAMBOR DE MADURO
PLANTAIN

SALAD

ENSALADA WALDORF
WALDORF SALAD (APPLE, CELERY,
LETTUCE, RAISINS, MAYONNAISE,
PARSLEY, LEMON)

ENSALADA DULCE
SWEET SALAD (LETTUCE, CARROT,
PINEAPPLE, KOUMISS)

ENSALADA CON ADEREZO DE
AGUACATE
SALAD WITH AVOCADO
DRESSING

Día del
trabajador
Colsubsidio

FRUIT JUICE

APRIL

Vegan Food



28

Monday

28

Tuesday

29

Wednesday

2

Friday

DRINKS

KUMIS
KOUMISS

JUGO DE MARACUYA
PASSION FRUIT JUICE

JUGO DE MANGO
MANGO JUICE

SNACK

GALLETA
COOKIE

GALLETA CRACKER
CRACKER COOKIE

WRAPS DE QUESO Y VEGETALES
CHEESE, LETTUCE AND TOMATOES
WRAPS

FRUIT

PATILLA
WATERMELON

SOUP

SIETE GRANOS
SIETE GRANOS

CREMA DE CHAMPIÑONES
CREAM OF MUSHROOM

CREMA DE ESPINACA
CREAM OF SPINACH

PROTEIN

PIPERRADA
PIPERRADA (SCRAMBLED EGGS,
WHITE ONION, RED PEPPER,
GREEN PEPPER, PARSLEY)

TORTILLA DE PAPA A LA JARDINERA
JARDINERA POTATO OMELETTE(PEA,
BROCCOLI, POTATO, OCAÑERA ONION,
EGGS, SALT AND PEPPER)

FRIJOLADA
FRIJOLADA

CEREAL

ARROZ BLANCO
WHITE RICE

ARROZ BLANCO
WHITE RICE

ARROZ BLANCO
WHITE RICE

LEGUME

CASCOS DE PAPA
POTATO WEDGES

PAPA SALADA
SALTY POTATO

TAMBOR DE MADURO
PLANTAIN

SALAD

ENSALADA WALDORF
WALDORF SALAD

ENSALADA DULCE
SWEET SALAD (LETTUCE,
CARROT, PINEAPPLE, KOUMISS)

ENSALADA CON ADEREZO DE
AGUACATE
SALAD WITH AVOCADO
DRESSING

Día del
trabajador
Colsubsidio

FRUIT JUICE

APRIL

Modified Menu



28

Monday

29

Tuesday

30

Wednesday

2

Friday

FRUIT

YOGURT DIETETICO
DIET YOGURY

MOUSSE DE FRESA Y D.MORA
STRAWBERRY AND
BLACKBERRY SWEET MOUSSE

PAPAYA, KIWI, MANGO Y
AVENA
PAPAYA, KIWI, MANGO
AND OAT

SNACK

MANGO Y PAPAYA
MANGO AND PAPAYA

QUESO RALLADO
GRILLED CHEESE

PROTEIN

PASTA TAILANDES
THAI NOODLES
(NOODLES, BREAST LOINS,
SLICED ONION, GRATED
GINGER, RED PEPPER IN
STRIPS, SAUTEED
MUSHROOMS,
CHARD, SOY SAUCE)

PESCADO ASADO
ROASTED FISH

LASAGANA DE VEGETALES
CON POLLO Y QUESO
LASAGNA (WITH CHICKEN,
GREEN ZUCCHINI, YELLOW
ZUCCHINI IN SLICES,
CARROT, CHEESE)

CEREAL

PLATANO COCIDO
STEWED PLANTAIN

SALAD

BROCOLI
BROCOLI

FRUTA
FRUIT

Día del
trabajador
Colsubsidio

WATER OF LIFE