

APRIL

General Food

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	7 Monday
DRINKS	SORBETE DE MORA BLACKBERRY SMOOTHIE	JUGO DE MANGO MANGO JUICE	CHCOLISTO CHCOLISTO	JUGO DE LULO LULO JUICE	CHOCOLATE CHOCOLATE
SNACK	SANDWICH DE QUESO CHEESE SANDWICH	PALITO DE QUESO CHEESE STICK	EMPANADA DE POLLO CHICKEN EMPANADA	MUFINS MUFFINS	AREPA DE QUESO AREPA WITH CHEESE
FRUIT			BANANO BANANO	PATILLA WATERMELON	
SOUP	CREMA DE ESPINACA CREAM OF SPINACH	SPAGHETTI SPAGHETTI	CUCHUCO DE TRIGO WHEAT CUCHUCO	SOPA DE LA ABUELA GRANDMA'S SOUP	CREMA DE AHUYAMA AHUYAMA CREAM
PROTEIN	ARROZ CON POLLO RICE WITH CHICKEN	FRIJOL CON CARNE MOLIDA BEANS WITH GROUND BEEF	CHOP SUEY CHOP SUEY (PORK CHUNKS, CARROT STRIPS, YELLOW ZUCCHINI, SOY SAUCE)	ALAS EN SALSA BBQ WINGS IN BBQ SAUCE	ARROZ CAUCANO CAUCANO RICE
CEREAL		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	
LEGUME	PAPA FRANCESA FRIES	CILINDROS DE PLATANO PLANTAIN	CROQUETA DE YUCA CASSAVA CROQUETTE	PAPA SALADA SALTY POTATO	PAPA CHIPS CHIPS
SALAD	FRUTA FRUIT	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	INCLUDED IN THE PROTEIN	ENSALADA FRESCA FRESH SALAD (TOMATO, LETTUCE, GRATED CARROT, SWEET CORN WITH TRADITIONAL VINAIGRETTE)	RODAJAS DE TOMATE TOMATO SLICES
FRUIT JUICE					

APRIL

Vegan Food

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	7 Monday
DRINKS	SORBETE DE MORA BLACKBERRY SMOOTHIE	JUGO DE MANGO MANGO JUICE	CHCOLISTO CHCOLISTO	JUGO DE LULO LULO JUICE	CHOCOLATE CHOCOLATE
SNACK	SANDWICH DE QUESO CHEESE SANDWICH	PALITO DE QUESO CHEESE STICK	WRAPS DE QUESO Y VEGETALES CHEESE, LETTUCE AND TOMATOES WRAPS	MUFINS MUFFINS	AREPA DE QUESO AREPA WITH CHEESE
FRUIT				PATILLA WATERMELON	
SOUP	CREMA DE ESPINACA CREAM OF SPINACH	SPAGHETTI SPAGHETTI	CUCHUCO DE TRIGO WHEAT CUCHUCO	SOPA DE LA ABUELA GRANDMA'S SOUP	CREMA DE AHUYAMA AHUYAMA CREAM
PROTEIN	HUMUS CON GARBANZO HUMUS	LASAGNA AL HORNO BAKED LASAGNA (PASTA, CARVE, QUINOA, CARROT, ZUCCHINI, BECHAMEL SAUCE, CHEESE)	CHOP SUEY CHOP SUEY (CARVE, CARROT STRIPS, YELLOW ZUCCHINI, SOY SAUCE)	PIPERRADA PIPERRADA (SCRAMBLED EGGS, WHITE ONION, RED PEPPER, GREEN PEPPER, PARSLEY)	CREPES DE ESPINACA Y CHAMPIÑONES SPINACH AND MUSHROOM CREPES
CEREAL	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	PAN TOSTADO TOASTED BREAD
LEGUME	PAPA FRANCESA FRIES	PAN TOSTADO TOASTED BREAD	CROQUETA DE YUCA CASSAVA CROQUETTE	PAPA SALADA SALTY POTATO	PAPA CHIPS CHIPS
SALAD	CHEF SALAD TENSALADA DEL CHEF	FRUTA FRUIT	INCLUDED IN THE PROTEIN	ENSALADA FRESCA FRESH SALAD (TOMATO, LETTUCE, GRATED CARROT, SWEET CORN WITH TRADITIONAL VINAIGRETTE)	TOMATE CAPRESSE CAPRESSE TOMATO
FRUIT JUICE					

APRIL

Modified Menu

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	7 Monday
FRUIT	RODAJA DE PIÑA ASADA ROASTED PINEAPPLE SLICE	TOSTADA FRANCESA FRENCH TOAST	MANGO Y PAPAYA MANGO AND PAPAYA	PARFAIT PARFAIT (OATMEAL, FLAKES, PAPAYA, MELON, APPLE, DIET YOGURTH)	MOUSSE DE FRESA Y MORA STRAWBERRY AND BLACKBERRY MOUSSE
SNACK	QUESO CHEESE	ROLLOS DE QUESO ROASTED CHEESE ROLLS	YOGURTH DIETETICO DIET YOGURTH		CHEESE QUESO
PROTEIN	CARNE ASADA GRILLED BEEF	MOLDE DE PESCADO A LA CREMA CREAM FISH MOLD (BASA FISH, POTATO SLICES, BECHAMEL SAUCE, CHEESE)	FIDEOS TAILANDES THAI NOODLES (NOODLES, BREAST LOINS, SLICED ONION, GRATED GINGER, RED PEPPER IN STRIPS, SAUTEED MUSHROOMS, CHARD, SOY SAUCE)	PESCADO ASADO ROASTED FISH	WRAPS DE POLLO Y AGUACATE WRAPS (AVOCADO SLICE, SHREDDED CHICKEN, ROASTED TOMATO, GOLDEN QUINOA, CILANTRO, SAUCE)
CEREAL	ARROZ BLANCO WHITE RICE	INCLUDED IN THE PROTEIN	INCLUDED IN THE PROTEIN	CRIOLLITAS AL VAPOR STEAM YELLOW POTATOES	
SALAD	PEPINO GUISADO CON ARVEJA STEWED CUCUMBER, PEAS, WHITE ONION	TOMATE CAPRESSE CAPRESSE TOMATO	FRUTA FRUIT	ARVEJA CON TOMATE PEAS WITH TOMATO	FRUTA FRUIT

WATER OF LIFE