

MARCH

General Food

	25 Tuesday	26 Wednesday	27 Thursday	28 Friday	31 Monday
					
DRINKS	RED FRUITS JUICE JUGO DE FRUTOS ROJOS	MIX DE FRUTAS (PATILLA, MELON, PIÑA, QUESO) MIX (WATERMELON, MELON, PINEAPPLE, GRADED CHEESE)	JUGO DE LULO LULO JUICE	YOGURTH YOGURTH	ARROZ CON LECHE RICE PUDDING
SNACK	AREPA AREPA CAMPESINA	GALLETA COOKIE	ROLLO DE CANELA CINNAMON ROLL	GALLETA COOKIE	GALLETA HOMEMADE COOKIE
FRUIT			BANANO BANANO		MANDARINA CLEMENTINE
SOUP	VERDURAS VEGETABLES	CREMA DE CHAMPIÑONES MUSHROOM CREAM	SIETE GRANOS SEVEN GRAINS	AJIACO AJIACO	PATACON PATACON
PROTEIN	BONDIOLA AL HORNO OVEN-ROASTED PORK SHOULDER	ARROZ CUBANO CUBAN RICE (PORK, CORN, BLACK BEANS)	COCHINITA PIBILL CON ESPEJO DE AGUACATE COCHINITA PIBIL WITH AVOCADO (TORTILLA)	POLLO CHICKEN	PASTA CON ALBONDIGAS NOODLES WITH MEATBALLS
CEREAL	ARROZ BLANCO WHITE RICE			ARROZ BLANCO WHITE RICE	
LEGUME	CRIOLLITAS YELLOW POTATOES	PAPA CHIPS CHIPS	PAPA EN CASCOS POTATO WEDGES	BANANO BANANA	PAN TOSTADO TOASTED BREAD
SALAD	ENSALADA TROPICAL TROPICAL SALAD (SPINACH, LETTUCE, PINEAPPLE AND STRAWBERRY WITH WALDORF VINAIGRETTE)	LECHUGA Y TOMATE DE BASE LETTUCE, TOMATO	CASCOS DE TOMATE SLICED TOMATO	GUACAMOLE GUACAMOLE	BEBIDA CUCHARABLE BEBIDA CUCHARABLE

FRUIT JUICE

MARCH

Vegan Food

	25 Tuesday	26 Wednesday	27 Thursday	28 Friday	31 Monday
DRINKS	JUGO DE FRUTOS ROJOS RED FRUITS JUICE	MIX DE FRUTAS (PATILLA, MELON, PIÑA, QUESO) MIX (WATERMELON, MELON, PINEAPPLE, GRADED CHEESE)	JUGO DE LULO LULO JUICE	YOGURTH YOGURTH	ARROZ CON LECHE RICE PUDDING
SNACK	AREPA CAMPESINA AREPA CAMPESINA	GALLETAS COOKIE	ROLLO DE CANELA CINNAMON ROLL	GALLETA COOKIE	GALLETA CASERA HOMEMADE COOKIE
FRUIT			BANANO BANANA		MANDARINA CLEMENTINE
SOUP				AJIACO AJIACO SIN SUSTANCIA	
PROTEIN	ALBONDIGAS DE CARVE Y QUINUA CARVE AND QUINOA MEATBALLS	LASAGNA DE VEGETALES CON CARVE LASAGNA (WITH CARVE, GREEN ZUCCHINI, YELLOW ZUCCHINI IN SLICES, CARROT, CHEESE, PASTA)	PUDIN DE QUESO Y MAIZ CHEESE AND CORN PUDDING (CORN, CHEESE, BUTTER, EGG, WHEAT FLOUR, SUGAR, SALT)	CREPES DE ESPINACA Y CHAMPIÑONES SPINACH AND MUSHROOM CREPES	SOUFLE DE QUESO Y CHAMPIÑONES MUSHROOM SOUFFLE (CHEESE, WHEAT FLOUR, MILK, EGG, MUSTARD, MUSHROOMS)
CEREAL	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	PASTA GUISADA STEWED PASTA
LEGUME	PAPA CRIOLLA YELLOW POTATO	PAPA CHIPS CHIPS	PAPA EN CASCOS POTATO WEDGES	BANANO BANANA	PAN TOSTADO TOASTED BREAD
SALAD	ENSALADA TROPICAL TROPICAL SALAD (SPINACH, LETTUCE, PINEAPPLE AND STRAWBERRY WITH WALDORF VINAIGRETTE)	INCLUDED IN THE PROTEIN	CASCOS DE TOMATE SLICED TOMATO	GUACAMOLE GUACAMOLE	BEBIDA CUCHAREABLE BEBIDA CUCHAREABLE

FRUIT JUICE

MARCH

Modified Menu

	 25 Tuesday	26 Wednesday	27 Thursday	28 Friday	31 Monday
FRUIT	SANDWICH DE QUESO CHEESE SANDWICH	FRESA, PÁPAYA, MELON STRAWBERRY, PAPAYA, MELON	PARFAIT PARFAIT (OATMEAL, FLAKES, PAPAYA, MELON, APPLE, DIET YOGURTH)	PATILLA, KIWI, MELON WATERMELON, KIWI, MELON	PIÑA, UVAS, MANGO PINEAPPLE, GRAPES AND MANGO
SNACK	YOGURTH DIETETICO DIET YOGURTH	GALLETA DE AVENA Y GRANOLA OATMEAL AND GRANOLA COOKIE		BARRA DE CEREAL CEREAL BAR	TRIANGULOS DE QUESO CHEESE TRIANGLES
PROTEIN	COLOMBINA DE POLLO CHICKEN LEG	CARNE ASADA GRILLED BEEF	ROULETTE DE POLLO CHICKEN ROULETTE	TOTILLA DE PAPA A LA JARDINERA JARDINERA POTATO OMELETTE (PEA, BROCCOLI, POTATO, EGGS, SALT AND PEPPER)	WRAPS DE POLLO Y AGUACATE WRAPS (AVOCADO SLICE, SHREDDED CHICKEN, ROASTED TOMATO, GOLDEN QUINOA, CILANTRO)
CEREAL	ARROZ BLANCO WHITE RICE	YUCA AL VAPOR STEAM CASSAVA	PURE DE PAPA MASH POTATOES	ARROZ BLANCO WHITE RICE	
SALAD	TORTA DE VERDURAS VEGETABLE CAKE (BEANS, CHARD, CARROT, CHEESE, EGG)	POTECA DE AHUYAMA AHUYAMA POT	TOMATE CAPRESSE CAPRESSE TOMATO	FRUTA FRUIT	ARROZ BLANCO WHITE RICE

WATER OF LIFE