

FEBRUARY

General Food

	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
					
DRINKS	ARROZ CON LECHE RICE PUDDING	CHOCOLATE CHOCOLATE	JUGO DE MORA BLACKBERRY JUICE	SORBETE DE GUAYABA GUAVA SMOOTHIE	YOGURT YOGURT
SNACK	GALLETA CASERA HOMEMADE COOKIE	SANDWICH DE JAMON Y QUESO SANDWICH HAM AND CHEESE	EMPANADA DE CARNE BEEF EMPANADA	MANTECADA SHORTCAKE	GALLETA CHOCOCHIPS CHOCOCHIPS COOKIE
FRUIT	MANDARINA CLEMENTINE				
SOUP	SOPA DE LA ABUELA GRANDMA SOUP	SOPA DE CUCHUCO DE TRIGO WHEAT CUCHUCO SOUP	SOPA DE VERDURAS VEGETABLE SOUP	SOPA DE ARROZ RICE SOUP	AJIACO CON POLLO AJIACO WITH CHICKEN
PROTEIN	TALLARINES CON ALBONDIGAS NOODLES WITH MEATBALLS	GOULASH DE CERDO PORK GOULASH	FRIJOL CON CARNE MOLIDA BEANS WITH GROUND BEEF	GOULASH DE RES GOULASH	
CEREAL		ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE	PASTA GUISADA STEWED PASTA	ARROZ BLANCO WHITE RICE
LEGUME	PAN TOSTADO TOASTED BREAD	PAPA CASCOS POTATO WEDGES	MADURO PLANTAIN	ENSALADA RUSA (MIX, MAYO MOSTANEZA, PEREJIL, PAPA SABANERA) RUSSIAN SALAD (MIX, MAYO MUSTAIN, PARSLEY, SABANERA POTATO)	BANANO BANANA
SALAD	BEBIDA LACTEA CUCHAREABLE BEVERAGE	TORTA DE VERDURAS SALAD WITH VEGETABLES CAKE	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING		GUACAMOLE GUACAMOLE
	FRUIT JUICE				

FEBRUARY

Vegan Food

	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
DRINKS	ARROZ CON LECHE RICE PUDDING	CHOCOLATE CHOCOLATE	JUGO DE MORA BLACKBERRY JUICE	SORBETE DE GUAYABA GUAVA SMOOTHIE	YOGURT YOGURT
SNACK	GALLETAS CASERA HOMEMADE COOKIE	SANDWICH DE QUESO SANDWICH CHEESE	WRAPS DE QUESO, LECHUGA Y TOMATE CHEESE, LETTUCE AND TOMATOES WRAPS	MANTECADA SHORTCAKE	GALLETAS CHOCOCIPS CHOCOCIPS COOKIE
FRUIT	MANDARINA CLEMENTINE				
SOUP	SOPA DE LA ABUELA GRANDMA SOUP	SOPA DE CUCHUCO DE TRIGO WHEAT CUCHUCO SOUP	SOPA DE VERDURAS VEGETABLE SOUP	SOPA DE ARROZ RICE SOUP	AJIACO AJIACO
PROTEIN	SOUFLE DE CHAMPIÑONES MUSHROOM SOUFFLE (CHEESE, EGG, MUSHROOMS)	CAZUELA DE LENTEJA CON PAPA LENTIL CASSEROLE WITH POTATO	LASAGNA (CON CARVE, SUKINI VERDE, SUKINI AMARILLO EN LAMINAS, ZANAHORIA, QUESO, PASTA) LASAGNA (WITH CARVE, GREEN ZUCCHINI, YELLOW ZUCCHINI IN SLICES, CARROT, CHEESE, PASTA)	SOUFLE DE QUESO CHEESE SOUFFLE	CREPES DE ESPINACA Y CHAMPIÑONES SPINACH AND MUSHROOM CREPES
CEREAL	PASTA GUISADA STEWED PASTA	ARROZ BLANCO WHITE RICE		PASTA GUISADA STEWED PASTA	ARROZ BLANCO WHITE RICE
LEGUME	PAN TOSTADO TOASTED BREAD	PAPA CASCOS POTATO WEDGES		ENSALADA RUSA (MIX, MAYO MOSTANEZA, PEREJIL, PAPA SABANERA) RUSSIAN SALAD (MIX, MAYO MUSTAIN, PARSLEY, SABANERA POTATO)	BANANO BANANA
SALAD	BEBIDA LACTEA CUCHAREABLE BEVERAGE	TORTA DE VERDURAS VEGETABLES CAKE	MADURO PLANTAIN		GUACAMOLE GUACAMOLE

FRUIT JUICE

FEBRUARY

Modified Menu

	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
FRUIT	PIÑA, UVAS, MANGO PINEAPPLE, GRAPES AND MANGO	CREPES DE FRESA Y MANGO (QUESO, DULCE DE PIÑA) STRAWBERRY AND MANGO CREPES (CHEESE, PINEAPPLE SWEET)	TOSTADA FRANCESA FRENCH TOAST	FRESA, PAPAYA, MELON STRAWBERRY, PAPAYA, MELON	PATILLA, KIWI, MELON WATERMELON, KIWI, MELON
SNACK	TRIANGULOS DE QUESO CHEESE TRIANGLES		YOGURT DIETETICO YOGURT LIGHT	GALLETAS DE AVENA Y GRANOLA OATMEAL AND GRANOLA COOKIE	BARRA DE CEREAL CEREAL BAR
PROTEIN		POLLO AL HORNO CHICKEN LEG	MOLDE DE PESCADO A LA CREMA CREAM FISH MOLD (BASA FISH, POTATO SLICES, BECHAMEL SAUCE, CHEESE)	CARNE ASADA GRILLED BEEF	TORTILLA DE PAPA A LA JARDINERA (ARVEJA, BROCOLI, PAPA RODAJAS, CEBOLLA OCAÑERA, HUEVOS, POLLO MECHADO SAL) POTATO OMELETTE A LA JARDINERA (PEA, BROCCOLI, SLICED POTATO, OCAÑERA ONION, EGGS, SALT CHICKEN)
CEREAL	WRAPS WRAPS (AVOCADO SLICE, SHREDDED CHICKEN, ROASTED TOMATO, GOLDEN QUINOA, CILANTRO SAUCE	ARROZ CON VERDURAS RICE WITH VEGETABLES		YUCA VAPOR STEAM CASSAVA	
SALAD		ESPINACA A LA CREMA CREAMY SPINACH	MANZANA APPLE	POTECA DE AHUYAMA AHUYAMA POT	ARROZ BLANCO WHITE RICE
WATER OF LIFE					