



FEBRUARY

General Food

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
					
DRINKS	CHOCOLISTO CHOCOLATE MILK	JUGO DE FRUTOS ROJOS RED FRUITS JUICE (BLACKBERRY, STRAWBERRY)	MIX DE FRUTAS MIX (WATERMELON, MELON, PINEAPPLE, GRADED CHEESE)	JUGO DE LULO LULO JUICE	PEDAGOGICAL DAY
SNACK	CROISANT DE QUESO CHEESE CROISSANT	AREPA CAMPESINA AREPA	GALLETA COCOSET COCOSETTE COOKIE	ROLLO DE CANELA CINNAMON ROLL	
FRUIT				BANANO BANANA	
SOUP	CREMA DE AHUYAMA AHUYAMA CREAM	SOPA DE FIDEO NOODLE SOUP	SOPA DE AVENA OAT SOUP	SOPA DE PATACON PATACON SOUP	PEDAGOGICAL DAY
PROTEIN	PECHUGA CON CHAMPIÑONES CHICKEN WITH MUSHROOMS	BONDIOLA AL HORNO OVEN-ROASTED PORK SHOULDER	ARROZ CON POLLO RICE WITH CHICKEN	COCHINITA PIBILL CON ESPEJO DE AGUACATE COCHINITA PIBIL WITH AVOCADO	
CEREAL	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	
LEGUME	PAPA FRANCESA FRIES	CRIOILLITAS YELLOW POTATOES	PAPA CHIPS CHIPS	PAPA CASCOS POTATO WEDGES	
SALAD	ENSALADA FLORENTINA FLORENTINE SALAD (LETTUCE, SPINACH, STRAWBERRIES, PINEAPPLE)	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	LECHUGA CON TOMATE ENTIRAS (BASE CAMA) LETTUCE WITH SLICED TOMATOES	CASCOS DE TOMATE SLICED TOMATO	

FRUIT JUICE



FEBRUARY

Vegan Food

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
DRINKS	CHOCOLISTO CHOCOLATE MILK	UGO DE FRUTOS ROJOS RED FRUITS JUICE(BLACKBERRY, STRAWBERRY)	MIX DE FRUTAS MIX (WATERMELON, MELON, PINEAPPLE, GRADED CHEESE)	JUGO DE LULO LULO JUICE	
SNACK	CROISANT DE QUESO CHEESE CROISSANT	AREPA CAMPESINA AREPA	GALLETA COCOSET COCOSETTE COOKIE	ROLLO DE CANELA CINNAMON ROLL	PEDAGOGICAL DAY
FRUIT				BANANO BANANA	
SOUP	CREMA DE AHUYAMA AHUYAMA CREAM	SOPA DE FIDEOS NOODLE SOUP	SOPA DE AVENA OAT SOUP	SOPA DE PATACÓN PATACON SOUP	
PROTEIN	SOUFLE DE QUESO CHEESE SOUFFLE	ALBONDIGAS DE CARVE Y QUINUA LASAGNACARVE AND QUINOA MEATBALLS	LASAGNA (CON CARVE, SUKINI VERDE, SUKINI AMARILLO EN LAMINAS, ZANAHORIA, QUESO, PASTA) LASAGNA (WITH CARVE, GREEN ZUCCHINI, YELLOW ZUCCHINI IN SLICES, CARROT, CHEESE, PASTA)	PUDIN DE QUESO Y MAIZ CHEESE AND CORN PUDDING (CORN, CHEESE, EGG)	
CEREAL	ARROZ BLANCO WHITE RICE	ARROZ BLANCO WHITE RICE		ARROZ BLANCO WHITE RICE	PEDAGOGICAL DAY
LEGUME	PAPA FRANCESA FRIES	CRIOLLITAS YELLOW POTATOES		PAPA CASCOS POTATO WEDGES	
SALAD	ENSALADA FLORENTINA FLORENTINE SALAD (LETTUCE, SPINACH, STRAWBERRIES,PINEAPPLE)	ENSALADA CON ADEREZO DE AGUACATE SALAD WITH AVOCADO DRESSING	PAPA CHIPS CHIPS	CASCOS DE TOMATE SLICED TOMATO	

FRUIT JUICE

FEBRUARY

Modified Menu

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
FRUIT	RODAJA DE PIÑA ASADA ROASTED PINEAPPLE SLICE	BATIDO DE DURAZMO Y PIÑA PEACH AND PINEAPPLE SMOOTHIE	BFRESA, PAPAYA, MELON STRAWBERRY, PAPAYA, MELON	PARFAIT (AVENA HOJUELAS, PAPAYA, MELON, MANZANA, YOGURT DIETETICO) PARFAIT (OATMEAL, FLAKES, PAPAYA, MELON, APPLE, DIET YOGURT)	PEDAGOGICAL DAY
SNACK	QUESO CAMPESINO CHEESE	SANDWICH DE QUESO CHEESE SANDWICH	GALLETAS DE AVENA Y GRANOLA OATMEAL AND GRANOLA COOKIE		
PROTEIN	PESCADO ASADO ROASTED FISH	PECHUGA A LA PLANCHA GRILLED BREAST	CARNE ASADA GRILLED BEEF	ROULETTE DE POLLO THAI NOODLES CHICKEN ROULETTE	
CEREAL	ARROZ BLANCO WHITE RICE	CRIOLLAS AL VAPOR STEAM YELLOW POTATOES	YUCA VAPOR STEAM CASSAVA	PURE DE PAPA MASH POTATOES	PEDAGOGICAL DAY
SALAD	PEPINO GUISADO, ARVEJA, CEBOLLA BLANCA STEWED CUCUMBER, PEAS, WHITE ONION	TORTA DE VERDURAS VEGETABLE CAKE	POTECAS DE AHUYAMA AHUYAMA POT	TOMATE CAPRESSE CAPRESSE TOMATO	
WATER OF LIFE					