

2 + 2



# SCHOOL MENU

★ Apr 15 to 19 ★



9 + 3



Monday

Tuesday

Wednesday

Thursday

Friday

**Drinks**

Coffee with milk

Guava Juice

Chocolate

Pear juice

Cold chocolate

**Side Dish**

Gloria pastry

Croissant

Cheese stick

Puff pastry heart

Hawaiian pastry

**Fruit**

Fruit

Fruit

Ice cream

**Soup**

Rice

Lentils

Cereals

Pumpkin cream

Cuchuco de cebada

**Protein**

Orange wings

Pork in BBQ sauce

Breaded fish in tartar sauce

Chinese rice (beef, chicken, ham, chinese roots, green and yellow zucchini, carrot, onion)

Shredded meat

**Cereal**

Rice with noodles

White rice

White rice

Rice with peas

**Tuber**

French Potato

Salty potato

Arracacha chips

Potato chip

Yuca croquette

**Vegetables**

Spinach Salad (Spinach, Strawberry and Mango)

Fresh Salad (Lettuce, Tomato and Onion)

Pico de gallo (Tomato, coriander, white onion)

Tomato slices with balsamic oil and sesame seeds

Mixed vegetables in ranch sauce

**Juice**

Harvest Juice

Harvest Juice

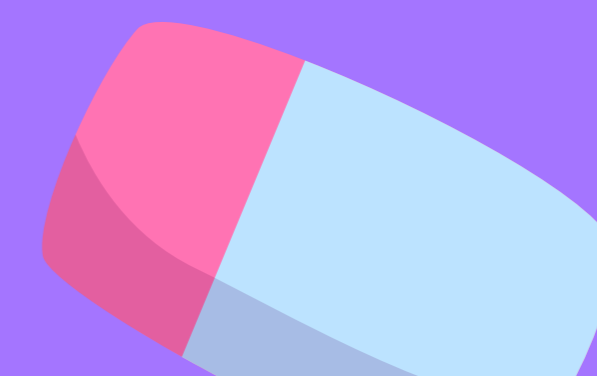
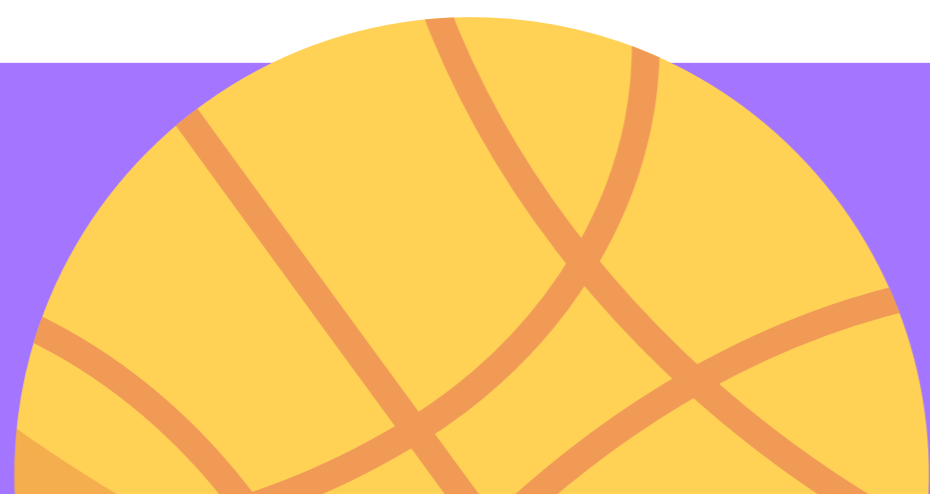
Harvest Juice

Harvest Juice

Harvest Juice



Lissette Marcela Buitrago  
Nutricionista  
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$2 + 2$



# MENÚ ESCOLAR

Abr 15 al 19



$9 + 3$



Lunes

Martes

Miércoles

Jueves

Viernes

**Bebida**

Café con leche

Jugo de guayaba

Chocolate

Jugo de pera

Milo frío

**Acompañamiento**

Gloria de arequipe

Croissant sencillo

Palito de queso

Corazón de hojaldre

Pastel hawaiano

**Fruta**

Fruta

Fruta

Helado

**Sopa**

Arroz

Lentejas

Cereales

Crema de ahuyama

Cuchuco de cebada

**Proteína**

Alitas a la naranja

Cerdo en salsa BBQ

Pescado apanado en salsa tártara

Arroz Chino (Res, pollo, jamón, raíces chinas, zucchini verde y amarillo, zanahoria, cebolla)

Carne mechada

**Cereal**

Arroz fideos

Arroz blanco

Arroz blanco

Arroz con alverja

**Tubérculo**

Papa francesa

Papa salada

Chip de arracacha

Papa chip

Croqueta de yuca

**Verdura**

Ensalada de espinaca (Espinaca, fresa y mango)

Ensalada fresca (Lechuga, tomate y cebolla)

Pico de gallo (Tomate, cilantro, cebolla morada)

Rodajas de tomate con aceite balsámico y ajonjolí.

Mix de verduras en salsa ranch

**Jugo**

Cosecha

Cosecha

Cosecha

Cosecha

Cosecha

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