

$2+2$



# SCHOOL MENU

★ Apr 01 to 05 ★



$9+3$



Monday

Tuesday

Wednesday

Thursday

Friday

**Drinks**

Guava Juice

Chocolate

Passion fruit juice

Cornstarch

**Side Dish**

Roll

Cheese Croissant

Chocolate Muffin

Coconut Bread

**Fruit**

Fruit

Fruit

**Soup**

Vegetables

Patacon

Mute

Rice

**Protein**

Meat in Steak

Pork in BBQ sauce

Grilled chicken breast

Ground meat

**Cereal**

White rice

Rice with Carrot

Rice with Sesame

White rice

**Tuber**

French Potato

Yucca Croquette

Potato helmets

Cuban Plantain

**Vegetables**

Lettuce, tomato, onion and cilantro salad

Cold salad (Shells, parsley, carrot, peas and mayonnaise)

Tropical Salad (Lettuce, papaya, mango and Elizabethan grape)

Coleslaw Salad (Cabbage, carrot, apple and raisins)  
Vinaigrette (Lemon, mayonnaise and honey)

**Juice**

Harvest Juice

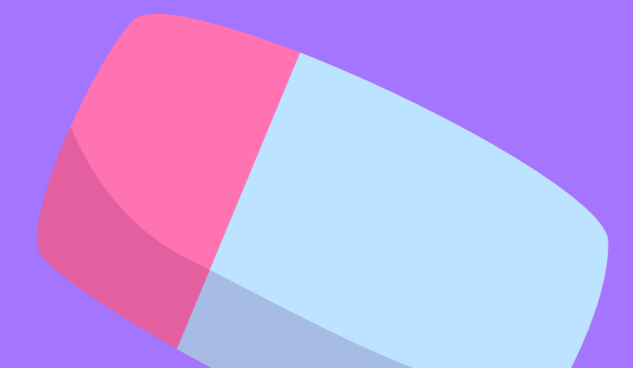
Harvest Juice

Harvest Juice

Harvest Juice



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$2 + 2$



# MENÚ ESCOLAR

Abr 01 al 05



$9 + 3$



## Lunes

## Martes

## Miércoles

## Jueves

## Viernes

**Bebida**

Jugo de guayaba

Chocolate

Jugo de maracuyá

Maicena

**Acompañamiento**

Mantecada

Croissant de queso

Muffin de chocolate

Pan coco

**Fruta**

Fruta

Fruta

**Sopa**

Verduras

Patacón

Mute

Arroz

**Proteína**

Carne en bisteck

Cerdo en salsa BBQ

Pechuga a la plancha

Carne molida

**Cereal**

Arroz blanco

Arroz con Zanahoria

Arroz con Ajonjolí

Arroz Blanco

**Tubérculo**

Papa francesa

Croqueta de yuca

Papa en cascós

Platano cubano

**Verdura**

Lechuga, tomate, cebolla y cilantro

Ensalada fría (Conchas, perejil, zanahoria, arveja y mayonesa)

Ensalada Tropical (Lechuga, papaya, mango y uva isabelina)

Ensalada Coleslaw (Repollo, zanahoria, manzana y uvas pasas) Vinagreta (Limón, mayonesa y miel)

**Jugo**

Cosecha

Cosecha

Cosecha

Cosecha

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