

PLAN SEMANA
07 de Marzo al 11 de Marzo
2022

COLEGIO FUNDACIÓN COLOMBIA
SCHOOL MENU 2022

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

Media
Nueves

Café/jugo

Milo/jugo

Colada/jugo

Café/jugo

Té helado

Lolitas

Palito de queso

Crakeña club

Pasabocas

Sandwich jamón y
queso/ helado

Almuerzo

Sopa de avena

Sopa minestrone

Crema de verduras

Sopa de pasta

Carne encebollada

Cerdo a la plancha

Arroz caucano

Albóndigas en salsa
napolitana

Arroz

Arroz

Arroz

Croqueta yuca

Puré de arracacha

Papa francesa

Cascos de papa criolla

Pepino, tomate y
repollo morado

Ensalada roja

Rodajas de tomate

Ensalada de mango,
melón y zanahoria

Manzana

Pera

Lulo

Limonada

Arequipe

Galleta mantequilla

Nucita

Gomas



WEEK

March 07st, 2022 -
March 11th, 2022

COLEGIO FUNDACIÓN COLOMBIA SCHOOL MENU 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Snack

Coffee/juice

Milo/juice

Cornstarch/juice

Coffee/juice

Ice Tea

Lolitas cake

Cheese stick

Crakeña crackers

Snacks

Ham and cheese
sandwich/Ice cream

Lunch

Oatmeal soup

Minestrone soup

Vegetables soup

Noodle soup

Steak and onions

Grilled pork

Caucano rice

Meatballs in Napoli
sauce

Rice

Rice

Rice

Yucca croquettes

Mashed arracacha

Fries

Andean Pieced
potatoes

Cucumber, tomato
and purple cabbage

Beet salad

Tomato slices

Mango, melon and
carrot salad

Apple

Pear

Lulo

Lemonade

Arequipe Candy

Butter crackers

Nucita

Gummies

