

PLAN SEMANA
28 de Febrero al 04 de Marzo
2022

COLEGIO FUNDACIÓN COLOMBIA
SCHOOL MENU 2022

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

Media
Nueves

Café/jugo

Café/jugo

Milo/jugo

Café/jugo

Té helado

Chocolitas

Rollo de canela

Pan coco

Yogurt con cereal/
galletas

Empanada de
queso/helado

Almuerzo

Sopa de arroz

Sopa de cereales

Sopa de verduras

Crema de zanahoria

Carne en bistec

Goulash de cerdo

Pechuga a la
plancha

Carne bolognesa

Arroz

Arroz verde

Arroz tigre

Pasta

Papa en casco

Platano al horno

Papa criolla

Pan

Lechuga, pepino y
zanahoria

Repollo, piña y uvas
pasas

Acelga guisada

Barra de ensalada

Tropical

Fresa

Durazno

Limonada

Millows

Leche condensada

Chocolatina muu

Galleta de leche muu



WEEK

February 28st, 2022 -
March 04th, 2022

COLEGIO FUNDACIÓN COLOMBIA SCHOOL MENU 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Snack

Coffee/juice

Coffee/juice

Milo/juice

Coffee/juice

Ice Tea

Chocolita cake

Cinnamon roll

Coconut bread

Yogur and cookies

Cheese empanada /
Ice tea

Lunch

Rice Soup

Cereal Soup

Vegetables soup

Carrot Cream

Beef steak

Pork Goulash

Grilled chicken
breast

Bolognese meat

Rice

Green Rice

Noodles Rice

Spaguetti

Pieced Potatoes

Baked Plantain

Andean Potatoes

Bread

Lettuce, Cucumber and
Carrot

Cabbage, pineapple
and raisins

Stewed Chard

Salad bar

Tropical Juice

Strawberry Juice

Peach juice

Lemonade

Millows marshmallow

Condensed milk

Muu Chocolate

Muu Milk Cooky

