

PLAN SEMANA
21 de Febrero al 25 Febrero
2022

COLEGIO FUNDACIÓN COLOMBIA
SCHOOL MENU 2022

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

Media
Nueves

Café/jugo	Café/jugo	Café/jugo	Café/jugo	Té helado
Crakeñas doraditas	Croissant de chocolate	Mogolla integral	Mantecada	Arepa de huevo

Almuerzo

Sopa de pasta	Sopa de cebada	Sopa de platano	
Goulash con verdura	Cerdo a la plancha	Alitas miel mostaza	Carne molida
Arroz	Arroz	Arroz	Frijoles/arroz
Puré de papa	Papa al perejil	Yuca	Tajadas maduras
Pepino, cebolla y lechuga	Espinaca , melón y maní	Zanahoria, habichuela y zucchini	Aguacate, lechuga y tomate
Guayaba	Mango	Mora	Limonada
Grisly	Capri	Galleta muu leche	Chocobreak



WEEK

February 21st, 2022 -
February 25th, 2022

COLEGIO FUNDACIÓN COLOMBIA SCHOOL MENU 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Snack

Coffee/juice	Coffee/juice	Coffee/juice	Coffee/juice	Iced tea
Crackenas crackers	Chocolate's croissant	Bread roll	Shortbread	Arepa de huevo.

Lunch

Noodles soup	Baley Soup	Plantain Soup	Grounded meat
Goulash and Vegetables	grilled pork	Honey-Mustard Chicken Wings	Beans/rice
Rice	Rice	Rice	
Mashed potatoes	Parsley potato	Yucca	Fried slices of plantain
Cucumber, onion and lettuce salad	Spinach, melon and peanut salad.	Carrot, green bean and zucchini salad	Avocado, lettuce and Tomato salad
Guava	Mango	Blackberry	Lemonade
Grisly Gummies	Capri crackers	Muu crackers	Chocobreak candy

