



WEEK LUNCH PLAN

from August 26th to 30th 2019

FUNDACIÓN COLOMBIA SCHOOL

MONDAY

AUGUST 26, 2019

SNACK

MILK/JUICE
BROWNIE

LUNCH

COLICERO SOUP
BEEF WITH
CHIMICHURRI SAUCE
RICE/SALT POTATO
SPINACH AND
CARROT SALAD
FEIJOA JUICE
"CAPRI" WAFERS

TUESDAY

AUGUST 27, 2019

SNACK

HOT CHOCOLATE/JUICE
BREAD AND CHEESE

LUNCH

CUCHUCO SOUP
CHICKEN FAJITAS
TIGER RICE/ PLANTAIN
MANGO AND
MELON SALAD
PINEAPPLE JUICE
CONDENSED MILK

WEDNESDAY

AUGUST 28, 2019

SNACK

COFFEE/JUICE
"PASTEL GLORIA"

LUNCH

PUMPKIN CREAM SOUP
PORK FRICASSE
RICE/FRIED
"CASQUITOS"
CUCUMBER, ONION AND
TOMATO SALAD
MANGO JUICE
GUMMIES

THURSDAY

AUGUST 29, 2019

SNACK

COFFEE/JUICE
CHEESE STICK

LUNCH

SPINACH SOUP CREAM
BAKED CHICKEN
DRUMSTICK
RICE/YUCCA-CASSAVA
STRING BEAN, CARROT
AND GREEN PEAS SALAD
LIMEADE
"FRUNAS"

FRIDAY

AUGUST 30, 2019

SNACK

ICED TEA
HOT DOG
ICE CREAM



PLAN DE LA SEMANA

Agosto del 26 al 30 de 2019

COLEGIO FUNDACIÓN COLOMBIA

LUNES

AGOSTO 26, 2019

REFRIGERIO

LECHE / JUGO
BROWNIE

ALMUERZO

SOPA DE COLICERO
CARNE EN SALSA
CHIMICHURRI
ARROZ /PAPA SALADA
ENSALADA ESPINACA Y
ZANAHORIA
JUGO DE FEIJOA
GALLETAS CAPRI

MARTES

AGOSTO 27, 2019

REFRIGERIO

CHOCOLATE/ JUGO
PAN BLANDITO Y QUESO

ALMUERZO

SOPA DE CUCHUCO
FAJITAS DE POLLO
ARROZ TIGRE /PLÁTANO
CARAMELIZADO
ENSALADA MANGO Y
MELÓN
JUGO DE PIÑA
LECHE CONDENSADA

MIÉRCOLES

AGOSTO 28, 2019

REFRIGERIO

CAFÉ/ JUGO
PASTEL GLORIA

ALMUERZO

CREMA DE AHUYAMA
FRICASÉ DE CERDO
ARROZ /PAPA EN CASCO
ENSALADA PEPINO,
CEBOLLA Y TOMATE
JUGO DE MANGO
GOMAS

JUEVES

AGOSTO 29, 2019

REFRIGERIO

CAFÉ /JUGO
PALITO DE QUESO

ALMUERZO

CREMA DE ESPINACA
COLOMBINA AL HORNO
ARROZ /YUCA
ENSALADA HABICHUELA,
ZANAHORIA Y ARVEJA
LIMONADA
FRUNAS

VIERNES

AGOSTO 30, 2019

REFRIGERIO

TÉ HELADO
PERRO CALIENTE
HELADO