



WEEK LUNCH PLAN

from August 19th to 23th 2019

FUNDACIÓN COLOMBIA SCHOOL

MONDAY

AUGUST 19, 2019

SNACK

HOLIDAY

LUNCH

HOLIDAY

TUESDAY

AUGUST 20, 2019

SNACK

COFFEE/JUICE
CROISSANT

LUNCH

OATMEAL SOUP
GOULASH BEEF
RICE/MASHED POTATO
ONION AND
TOMATO SALAD
TREE TOMATO JUICE
"CHOCOBREAK"

WEDNESDAY

AUGUST 21, 2019

SNACK

YOGURT/JUICE
"BRIDGE" WAFERS

LUNCH

GRAINS SOUP
BBQ PORK
RICE/CREOLE POTATO
LETTUCE, CUCUMBER
AND CARROT SALAD
PEACH JUICE
"PIRULITO"

THURSDAY

AUGUST 22, 2019

SNACK

COFFEE/JUICE
"LOLITAS"

LUNCH

CHICKEN SOUP CREAM
"MAZORCADA"
RICE/POTATO STICK
CHIPS
FRUIT
LIMEADE
"AREQUIPE"

FRIDAY

AUGUST 23, 2019

SNACK

ICED TEA
BEEF AREPA
ICE CREAM



PLAN DE LA SEMANA

Agosto del 20 al 23 de 2019

COLEGIO FUNDACIÓN COLOMBIA

LUNES

AGOSTO 19 2019

REFRIGERIO

FESTIVO

ALMUERZO

FESTIVO

MARTES

AGOSTO 20, 2019

REFRIGERIO

CAFÉ / JUGO A
CROISSANT

ALMUERZO

SOPA DE AVENA
GOULASH CON VERDURAS
ARROZ /PURÉ
ENSALADA CEBOLLA Y
TOMATE
JUGO DE TOMATE DE
ÁRBOL
CHOCOBREAK

MIÉRCOLES

AGOSTO 21, 2019

REFRIGERIO

YOGURT / JUGO
BRIDGE

ALMUERZO

SOPA DE CEREALES
CERDO EN SALSA BBQ
ARROZ /PAPA CRIOLLA
ENSALADA LECHUGA ,
PEPINO Y ZANAHORIA
JUGO DE DURAZNO
PIRULITO

JUEVES

AGOSTO 22, 2019

REFRIGERIO

CAFÉ / JUGO
LOLITAS

ALMUERZO

CREMA DE POLLO
MAZORCADA
ARROZ /PAPA CABELLO DE
ANGEL
PORCIÓN DE FRUTA
LIMONADA
AREQUIPE

VIERNES

AGOSTO 23, 2019

REFRIGERIO

TÉ HELADO
AREPA DE CARNE
HELADO