



WEEK LUNCH PLAN

from March 25th to 29th 2019

FUNDACIÓN COLOMBIA SCHOOL

MONDAY

MARCH 25, 2019

SNACK

HOLIDAY

LUNCH

HOLIDAY

TUESDAY

MARCH 26, 2019

SNACK

COFFEE/JUICE
VANILLA CAKE

LUNCH

LENTILS SOUP
BEEF STEAK WITH
ONIONS AND TOMATO
RICE/ "CHORREADA"
POTATO
FRUIT SALAD
STRAWBERRY JUICE
"FRUNAS"

WEDNESDAY

MARCH 27, 2019

SNACK

COFFEE/JUICE
HEART SHAPED PUFF
PASTRY

LUNCH

"COLICERO" SOUP
BBQ WINGS
RICE/SALTED POTATO
CUCUMBER, ONION
AND CARROT SALAD
BLACKBERRY JUICE

THURSDAY

MARCH 28, 2019

SNACK

OATMEAL
DRINK/JUICE
"GANSITO"

LUNCH

CREAM OF
CHICKEN SOUP
"MAZORCADA"
POTATO STICK CHIPS
MANGO AND JELL-O
SALAD
LEMONADE
"MINI OBLEA"

FRIDAY

MARCH 29, 2019

SNACK

ICED TEA
CHICKEN SANDWICH
ICE-CREAM



PLAN DE LA SEMANA

Marzo 25 al 29 de 2019

COLEGIO FUNDACIÓN COLOMBIA

LUNES

MARZO 25, 2019

REFRIGERIO

FESTIVO

ALMUERZO

FESTIVO

MARTES

MARZO 26, 2019

REFRIGERIO

CAFÉ/ JUGO
TORTA DE VAINILLA

ALMUERZO

SOPA DE LENTEJA
CARNE EN BISTEK
ARROZ/PAPA
CHORREADA
ENSALADA DE FRUTA
JUGO DE FRESA
FRUNAS

MIÉRCOLES

MARZO 27, 2019

REFRIGERIO

CAFÉ / JUGO
CORAZÓN DE
HOJALDRE

ALMUERZO

SOPA DE COLICERO
ALITAS DE POLLO BBQ
ARROZ / PAPA SALADA
ENSALADA DE PEPINO
CEBOLLA Y
ZANAHORIA
JUGO DE MORA

JUEVES

MARZO 28, 2019

REFRIGERIO

AVENA/ JUGO
GANSITO

ALMUERZO

CREMA DE POLLO
MAZORCADA
PAPA CABELLO DE
ANGEL
ENSALADA DE MANGO
Y GELATINA
LIMONADA
MINI OBLEA

VIERNES

MARZO 29, 2019

REFRIGERIO

TÉ HELADO
SANDWICH DE POLLO
HELADO