



WEEK LUNCH PLAN

from April 22th to 26th 2019

FUNDACIÓN COLOMBIA SCHOOL

MONDAY

APRIL 22, 2019

SNACK

MILK/JUICE
BROWNIE

LUNCH

SPAGHETTI SOUP
GRILLED BEEF
GREEN RICE
FRIED "CASCOS"
"PICO DE GALLO" SALAD
GUAVA JUICE
CONDENSED MILK

TUESDAY

APRIL 23, 2019

SNACK

MILO/ JUICE
CHEESE STICK

LUNCH

CREAM OF
SPINACH SOUP
CHICKEN FRICASSEE
RICE WITH NOODLES
MASHED POTATOES
STRAWBERRY AND
MANGO SALAD
PEACH JUICE
"FRUNAS"

WEDNESDAY

APRIL 24, 2019

SNACK

COFFEE/ JUICE
HEART SHAPED PUFF
PASTRY

LUNCH

"AJIAQUITO"
ORIENTAL RICE
FRIED CASSAVA/MANIOC
MANDARIN ORANGES
PINEAPPLE JUICE
"CHOCOBREAK"

THURSDAY

APRIL 25, 2019

SNACK

COFFEE/ JUICE
"RAMITO"

LUNCH

CHORIZO
BEANS
RICE
PLANTAIN
AVOCADO AND
TOMATO SALAD
LIMEADE
"MINI OBLEA"

FRIDAY

APRIL 26, 2019

SNACK

ICED TEA
BREADED CHICKEN
SKEWERS
ICE CREAM



PLAN DE LA SEMANA

ABRIL DEL 22 al 26 de 2019

COLEGIO FUNDACIÓN COLOMBIA

LUNES

ABRIL 22, 2019

REFRIGERIO

LECHE/ JUGO
BROWNIE

ALMUERZO

SOPA DE PASTA
CARNE ASADA
ARROZ VERDE
PAPA EN CASCO
ENSALADA PICO DE GALLO
JUGO DE GUAYABA
LECHE CONDENSADA

MARTES

ABRIL 23, 2019

REFRIGERIO

MILO/ JUGO
PALITO DE QUESO

ALMUERZO

CREMA DE ESPINACA
FRICASÉ DE POLLO
ARROZ CON FIDEOS
PURÉ DE PAPA
ENSALADA DE MANGO Y
FRESA
JUGO DE DURAZNO
FRUNAS

MIÉRCOLES

ABRIL 24, 2019

REFRIGERIO

CAFÉ/ JUGO
CORAZÓN DE HOJALDRE

ALMUERZO

AJIAQUITO
ARROZ ORIENTAL
YUCA FRITA
MANDARINA
JUGO DE PIÑA
CHOCOBREAK

JUEVES

ABRIL 25, 2019

REFRIGERIO

CAFÉ/ JUGO
RAMITO

ALMUERZO

CHORIZO
FRIJOLES
ARROZ
PLÁTANO MADURO
ENSALADA DE
AGUACATE/TOMATE
LIMONADA
MINI OBLEA

VIERNES

ABRIL 26, 2019

REFRIGERIO

TÉ HELADO
PINCHO DE POLLO
HELADO